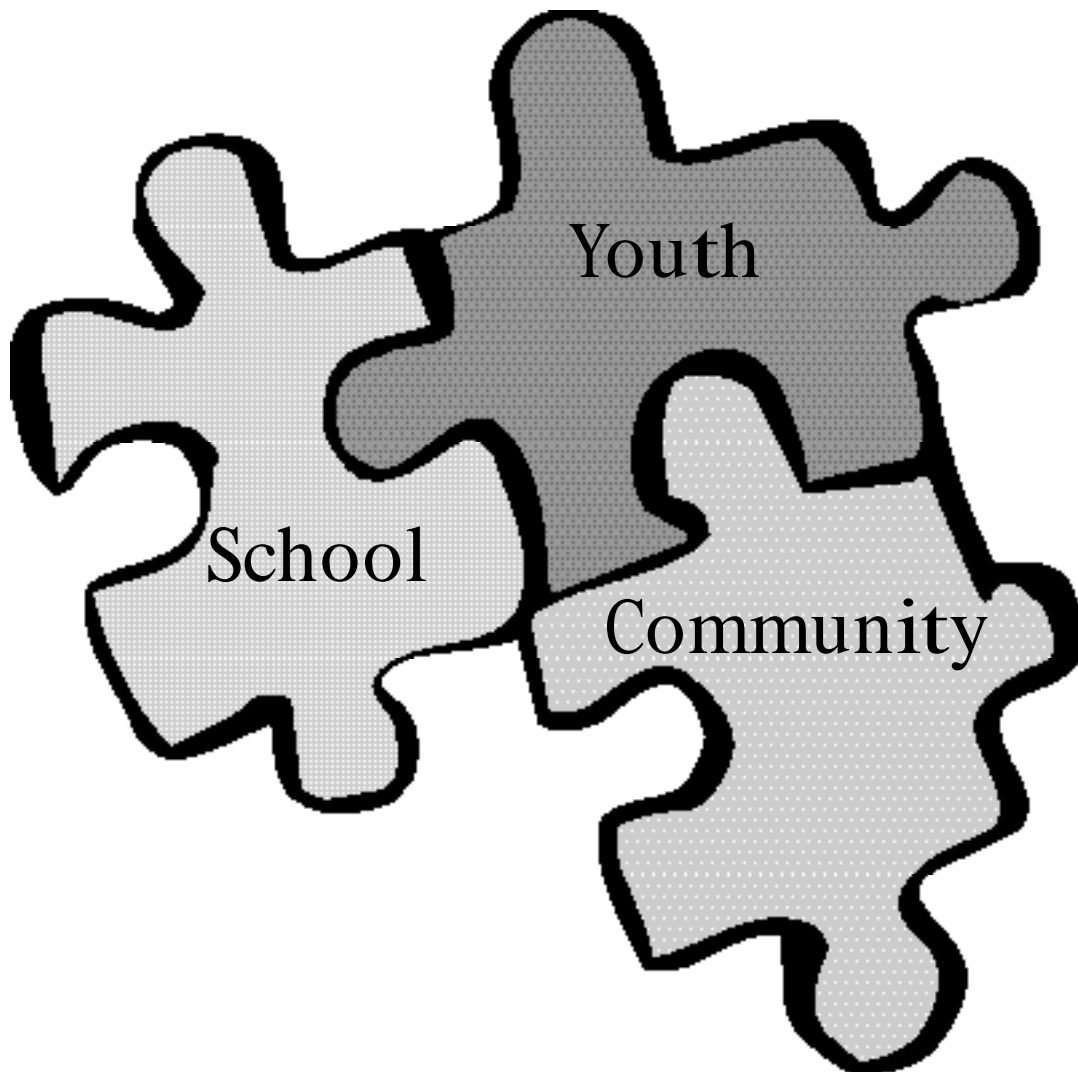


Reach Out

A Guide to Youth Volunteer Opportunities
in San Mateo County



The Volunteer Center

Serving San Francisco and San Mateo Counties

www.thevolunteercenter.net

Phone: 650-235-3550 Fax: 650-235-3580

Reach Out: A Guide to Youth Volunteer Opportunities

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Ten Easy Steps to Volunteering

1 Call the contact person at the organization.

Find the Volunteer Coordinator's contact information and give them a call! If they aren't in the office, leave them a detailed message with information about yourself including what school you go to, what type of volunteering you're interested in and how you found their name. Be specific about good times for them to return your call since you're in school much of the day. Be persistent and patient, as many Volunteer Coordinators only work part-time.

2 Introduce yourself.

Remember to mention that you're a student and explain why you're interested in volunteering with the organization you've chosen to call.

3 Ask if you can come in for an interview.

Positive volunteer experiences happen when both the volunteer and the Volunteer Coordinator decide that it's a good fit. Visiting the organization's office will allow you to see the environment and the kind of service you'll be doing. It also allows the staff time to ask you questions and to find out what days and times are good for you to volunteer.

4 Write down the day and time of the interview once it's scheduled!

Okay, this sounds super simple, but it's a great tip to remember.

5 Make sure you have the right address.

Ask the agency for directions or information about public transportation.

6 Be on time for your appointment.

If you are unable to make your scheduled appointment, be sure to call the Volunteer Coordinator ahead of time.

7 Ask questions during your interview.

Some questions might include:

What exactly does the job entail?

What kind of training would I receive?

What hours would you like me to work?

Is there a minimum time commitment (like one month, six months, etc.)?

Is there a dress code?

8 If you're comfortable during the interview and like the organization, go for it!

Don't hesitate to make arrangements to start volunteering if you feel like it's a good fit.

9 If you aren't certain and want to think it over, tell the Volunteer Coordinator.

Give them a date by which you'll call them back. If the job is not right for you, just thank the Volunteer Coordinator and continue to look for positions in Reach Out. It may take a few calls and even a few interviews, but the right volunteer opportunity is waiting for you!

10 The most important tip.

Have fun!

Volunteer Rights & Responsibilities

It is your right:

- to be assigned to a job that is worthwhile and challenging.
- to receive the orientation and training necessary to do the job.
- to feel that your efforts have a real purpose and contribute to the organization's mission.
- to receive feedback and an evaluation on the work you perform.
- to be treated with respect and as an equal partner within the organization.
- to be kept informed on relevant matters within the organization.
- to expect that your time will not be wasted by poor planning or coordination by the organization.

It is your responsibility:

- to follow policies and procedures.
- not to take on more than you can handle.
- to meet time commitments.
- to notify the organization in advance of absences.
- to be open-minded and respectful.
- to perform the task assigned to you to the best of your ability.
- to respect confidences entrusted to you.

Youth Service Links on the Web

Volunteering today results in a difference for tomorrow! The following list of web sites is a great way to begin searching for volunteer links on the internet.

Are You Into It?

www.areyouintoit.com

Are You Into It? is a program for kids who care. Helping out and having fun is our main goal. By combining your concerns about the community and the world with our resources, we can really make a difference. You'll learn a lot and meet new people, by working together and having a good time. That's what 4-H and volunteering are all about.

Kids Care

www.kidscare.org

The mission of Kids Care Clubs is to develop compassion and the spirit of charity in children through hands-on service projects that benefit the needy in their local and global communities.

Kids Voting USA

www.kidsvotingusa.org

Kids Voting USA is a nonprofit, nonpartisan grassroots organization working with schools and communities to enhance civics education and provide youth with voting experience at official polls on election days.

MTV: Fight For Your Rights

<http://www.mtv.com/onair/ffyr/protect/>

MTV's Fight For Your Rights website features special programs, news features and ways to take action against pressing issues facing teens.

Youth in Action

<http://www.youthlink.org/us/>

Youth In Action provides support and recognition for the voices, ideas and positive solutions of youth by connecting young people interested in making a difference and providing various resources and solutions.

Youth Service America

<http://www.ysa.org/>

"Making service the common expectation and the common experience of all young Americans," Youth Service America (YSA) is a resource center and premier alliance of more than 300 organizations committed to increasing the quantity and quality of opportunities for young Americans to serve locally, nationally, or globally.

Youth Volunteer Corps of America

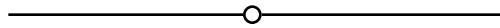
<http://www.yvca.org/>

The Youth Volunteer Corps promotes civic responsibility through volunteerism among youth ages 11-18. The program draws young people from diverse ethnic and socio-economic backgrounds and actively involves them in community problem solving through volunteer service.



Volunteer Opportunity Directory

Information for Youth: Volunteer Opportunity Directory and Indices





Acterra (formerly Bay Area Action)
 www.BAA-PCCF.org
 265 Moffett Blvd.
 Mountain View CA 94043
 Main Phone: (650) 625-1994
 Contact: Volunteer Coordinator
 Contact Phone: (650) 625-1994
 Contact Email:
 Minimum Volunteer Age: 15

Bay Area Action's mission is to strengthen the bond between people and the earth/environment, and to provide education and inspiration to save our planet. Urban gardening, vegan cooking, environmental action are all open to youth.

All volunteers are welcome regardless of age, gender and language. For group projects, Habitat Restoration is an ongoing event at the San Francisquito creek, and the Arastradero preserve. Events occur every Wednesday evening and every other Saturday. Maximum group size is 10, while minimum group size is between 2 and 3.

Adelante Spanish Immersion School
 3150 Granger Way
 Redwood City CA 94061
 Main Phone: (650)482-5999
 Contact: Alicia Chu
 Contact Phone: (650) 482-5999
 Contact Email: achu@rcsd.k12.ca.us
 Minimum Volunteer Age: 14

Work with teachers in after-school tutorials in reading, math or technology.

Adolescent Counseling Services
 www.acs-teens.org
 4000 Middlefield Road, Rm FH
 Palo Alto CA 94303
 Main Phone: (650)424-0852
 Contact: Regina Franklin
 Contact Phone: (650) 424-0852
 Contact Email: Regina@acs-teens.org
 Minimum Volunteer Age: 16

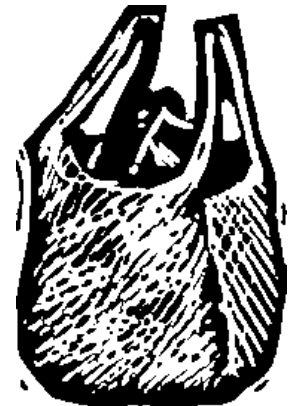
Adolescent Counseling Services offers an on-campus counseling program for high school students, a residential program for teenage girls, and an outpatient adolescent substance abuse program. Volunteers are needed to help with general office work, mailings, and data entry.

Agnews Developmental Center
<http://agnewsvolunteers.tripod.com>
 3500 Zanker Road
 San Jose CA 95134
 Main Phone: (408) 451-6036
 Contact: Kathleen Lee
 Contact Phone: (408) 451-6036
 Contact Email: klee@agnews.dds.ca.gov
 Minimum Volunteer Age: 14

Agnews serves people who are afflicted with developmental disabilities. Students are encouraged to participate in group projects and special events and to sponsor parties and recreational activities. There are also one-day service projects available monthly. See website for one-time service projects & group projects.

Aids Community Research Consortium (ACRC)
 www.acrc.org
 1048-B El Camino Real
 Redwood City CA 94063
 Main Phone: (650) 364-6563
 Contact: Susan Spears
 Contact Phone: (650) 295-2167
 Contact Email: talktome@acrc.org
 Minimum Volunteer Age:
 16

HIV Food Services can use after-school help stocking the food pantry and bagging groceries for clients. Youth with a valid driver's license can assist by delivering groceries to clients. A two-hour commitment per week is preferred. Groups can help by organizing a food or toiletry drive.



Information for Youth: Volunteer Opportunity Directory and Indices

Alzheimer's Association
www.alzncorcal.org
 2065 W. El Camino Real
 Mountain View CA 94040-2217
 Main Phone: (650) 962-811
 Contact: Pam Itani
 Contact Phone: (650) 962-8111
 Contact email: pamela.itani@alz.org
 Minimum Volunteer Age: Flexible

The Alzheimer's Association offers services and programs to families of people with Alzheimer's disease. Volunteers are needed to help with general office duties and special events such as the Memory Walk on Treasure Island in October. The Memory Walk is the Alzheimer's Association's signature event to help raise awareness and funds to help with education, support, advocacy and research. It is a great way for families and groups to participate together.

American Cancer Society
www.cancer.org
 1650 So. Amphlett Blvd
 San Mateo CA 94402
 Main Phone: (650) 578-990
 Contact: Gay Brownlee
 Contact Phone: (650) 578-9902
 Contact email: gay.brownlee@cancer.org
 Minimum Volunteer Age: 16

The American Cancer Society is dedicated to eliminating cancer as a major health problem by preventing cancer and diminishing suffering from cancer through research, education, advocacy and service. They are willing to tailor a job to each volunteer, depending on interest and time. One-time Service Projects include putting together team captains and promotional materials for the event, Relay For Life, as well as assisting with data entry. For group projects, they will need volunteers to help with mailings on an ongoing basis and to help with the following events: The Nutrition Campaign (March), the Great American Smokeout (October) and Making Strides Against Breast Cancer (October).

American Heart Association
www.heartsorce.org
 1710 Gilbreth Rd, Suite 100
 San Mateo CA 94402-1436
 Main Phone: (650) 259-6808
 Contact: Michael Grant
 Contact Phone: (650) 259-6776
 Contact email: michaelg@heart.org
 Minimum Volunteer Age: 16

The American Heart Association is dedicated to reducing disability and death from cardiovascular diseases and stroke. Volunteers are needed to help with office work or special events. The organization is willing to tailor a job to volunteers based on their interests.

Amnesty International
www.amnesty.org
 500 Sansome Street, Suite 615
 San Francisco CA 94111
 Main Phone: (415) 291-9233
 Contact: Losksei Farrah
 Contact Phone: (415) 291-8260
 Contact email: aiusaf@aiusa.org
 Minimum Volunteer Age: 16

AI is an independent worldwide movement working impartially on behalf of prisoners of conscience & political prisoners. Volunteers write letters, organize action projects and events, perform general office duties, or fill information requests. Interns must work 12 hours/week for 12 weeks.

ARIS of Santa Clara County
www.aris.org
 380 North First Street Suite 200
 San Jose CA 95112
 Main Phone: (408) 293-2747
 Contact: Clover Bolton
 Contact Phone: (408) 293-2747 x 109
 Contact email: clover@aris.org
 Minimum Volunteer Age: 14

ARIS provides HIV/AIDS prevention and support services to the people of Santa Clara County. Volunteer opportunities exist in the food and nutrition, transportation, housing, practical and emotional support, and fundraising programs. One-time Service Projects include the Food Basket Program. Group projects include gardening and yard clean-up at a group residence for people with AIDS/Disabling HIV.

Arthritis Foundation
www.arthritis.org
 657 Mission Street, #6
 San Francisco CA 94105-4120
 Main Phone: (415) 356-1230
 Contact: Liza Generao
 Contact Phone: (415) 356-1230 x 110
 Contact email: lgenerao@arthritis.org
 Minimum Volunteer Age: 16

The Arthritis Foundation provides education and literature relating to the treatment of arthritis. The Foundation needs volunteers to do general office work.

Information for Youth: Volunteer Opportunity Directory and Indices

Asian Art Museum
www.asianart.org
 Golden Gate Park
 San Francisco CA 94118
 Main Phone: (415) 379-8808
 Contact: Paula Rampe
 Contact Phone: (415) 379-8808
 Contact email: prampe@asianart.org
 Minimum Volunteer Age: 16

Volunteers at the museum work in the museum store helping customers or at the Visitor Information Center providing information. All volunteers receive training. Enrichment activities are offered regularly relating to the museum and/or exhibitions. **The Museum is closed for renovation until January 2003.

B.O.K. Ranch
www.bokranch.com
 1815 Cordilleras Road
 Redwood City CA 94062
 Main Phone: (650)366-2265
 Contact: Angela Sherman
 Contact Phone: (650) 366-2265
 Contact email: Bokranch@aol.com
 Minimum Volunteer Age: 14

B.O.K. Ranch provides individuals with physical and/or developmental disabilities with the experience and therapeutic value of horseback riding. Volunteers walk alongside the horse to assist the disabled and do some horse care. Volunteers must commit to two hours per week per session. Training is provided.

Barrios Unidos
 1419 Burlingame Avenue
 Burlingame CA 94010
 Main Phone: (650)373-1088
 Contact: Maribel Andrad
 Contact Phone: (650)373-1088
 Contact email: MCBUnidos@aol.com
 Minimum Volunteer Age: 16

San Mateo County Barrios Unidos runs a tutoring, enrichment, and recreational activity program for 3rd-5th grade students in San Mateo and for 6-8th grade students in Menlo Park/Redwood City every weekday afternoon between 3 and 5 p.m. High school age volunteers are needed at least one afternoon per week for a minimum of four months. Volunteers need not be bilingual.

Bay Area Make-A-Wish Foundation
www.makewish.org
 120 Montgomery Street, Suite 1080
 San Francisco CA 94104
 Main Phone: (800) 464-9474
 Contact: Anjali Adukia
 Contact Phone: (415) 402-2775
 Contact email: aadukia@makewish.org
 Minimum Volunteer Age: none

The mission of the Greater Bay Area Make-A-Wish Foundation is to grant magical wishes to children with life-threatening illnesses. The Kids for Wish Kids program teaches children about philanthropy, leadership, and the importance of community by allowing kids to create and manage their own fundraising events. The Make-A-Wish Foundation has been the delighted recipient of proceeds from talent and fashion shows, candy sales and raffles. The earnings are then used to make the wishes of kids with life-threatening illnesses come true. This program provides unique opportunities for students to join forces to help brighten another child's life. For information on how your group can help, please call the Greater Bay Area Make-A Wish Foundation at (415) 982-9474.

Bayshore Child Care Services- 87th Street
www.BayshoreChildCare.org
 377 87th Street
 Daly City CA 94014
 Main Phone: (415) 330-1715
 Contact: Isabel Quintan
 Contact Phone: (415) 656-2736
 Contact email: isabel@bayshorechild.org
 Minimum Volunteer Age: 16

Bayshore Child Care Services serves children 3 mths-3 years. We provide quality childcare to low income families through California Department of Education funding. Our volunteer activities span from working in the classrooms as assistants to working in the offices or on group activities. We're open Monday through Friday and hours are agreed upon between directors and volunteers. One-Time Service Projects include participating in mailings, fundraisers, and picnics/PSP Activities. For group projects, volunteers can prepare for group activities such as gardening, picnics, mailings, and field trips.

Bayshore Child Care Services-Midway
www.BayshoreChildCare.org
 45 Midway Drive
 Daly City CA 94014
 Main Phone: (415)330-1718
 Contact: Menervia Clark
 Contact Phone: (415) 330-1717
 Minimum Volunteer Age: 16



Information for Youth: Volunteer Opportunity Directory and Indices

Bayshore Child Care Services serves children 3 months-3 years. We provide quality childcare to low income families through California Department of Education funding. Our volunteer activities span from working in the classrooms as assistants to working in the offices or on group activities. We're open Monday through Friday and hours are agreed upon between directors and volunteers. One-Time Service Projects include participating in mailings, fundraisers, and picnics/PSP Activities. For group projects, volunteers can prepare for group activities such as gardening, picnics, mailings, and field trips.

Bayshore Child Care Services-Mission
 www.BayshoreChildCare.org
 7222 Mission Street
 Daly City CA 94014
 Main Phone: (650)758-0740
 Contact: Dianne C. Alv
 Contact Phone: 650)758-0740
 Contact email: dianne@bayshorechildcare.org
 Minimum Volunteer Age: 16

Bayshore Child Care Services serves children 3 months-3 years. We provide quality childcare to low income families through California Department of Education funding. Our volunteer activities span from working in the classrooms as assistants to working in the offices or on group activities. We're open Monday through Friday and hours are agreed upon between directors and volunteers. One-Time Service Projects include participating in mailings, fundraisers, and picnics/PSP Activities. For group projects, volunteers can prepare for group activities such as gardening, picnics, mailings, and field trips.



Bayshore Child Care Services-Parkview
 www.bayshorechildcare.org
 221 S. Parkview Ave.
 Daly City CA 94014
 Main Phone: (650)330-1714
 Contact: Nicole Banks
 Contact email: ann@bayshorechildcare.org
 Minimum Volunteer Age: 16

Bayshore Child Care Services serves children 3 months-3 years. We provide quality childcare to low income families through California Department of Education funding. Our volunteer activities span from working in the classrooms as assistants to working in the offices or on group activities. We're open Monday through Friday and hours are agreed upon between directors and volunteers. One-Time

Service Projects include participating in mailings, fundraisers, and picnics/PSP Activities. For group projects, volunteers can prepare for group activities such as gardening, picnics, mailings, and field trips.

Bayshore Christian Ministries
 www.bayshore.org
 1001 Beech Street
 East Palo CA 94303
 Main Phone: (650) 327-1139
 Contact: Emily Gisleson
 Contact Phone: (650) 327-9943
 Contact email: emilyg@bayshore.org
 Minimum Volunteer Age: 18 (16 with adult supervision)

BCMequips "east of Bayshore" youth to grow spiritually, gain life skills and develop as leaders. We need volunteers during the school year to tutor elementary school students once a week, offering homework assistance and reading help. Volunteers are asked to commit to at least one semester (2 quarters) from 3:30 to 5:30 one day per week.

Beechwood School
 50 Terminal Avenue
 Menlo Park CA 94025
 Main Phone: ((650) 327-5052
 Contact: Imelda A. Unib
 Minimum Volunteer Age: 16

Beechwood is an independent school dedicated to providing excellent educational opportunities to students in the East Palo Alto and East Menlo Park Communities. Students must be at least sophomores in high school. Volunteers must commit to a minimum of one month either mornings (9-12) or afternoons (12-3). Volunteers will assist in the classroom and spend a lot of time interacting with children.

Big Brothers & Big Sisters of S.F. and the Peninsula
 www.sf-bbbs.org
 870 Market Street, #92
 San Francisco CA 94102
 Main Phone: (650) 614-4314
 Contact: Orion Walker
 Contact Phone: 650) 614-4314
 Contact email: OWalker@sf-bbbs.org
 Minimum Volunteer Age: 16

Volunteers are needed to provide children aged 8-14 with caring supportive mentors. We are looking for mentors to spend one hour a week with a child at a school campus between 3-6 p.m., Monday-Friday. Participating schools are located in Menlo Park and East Palo Alto. This is a school year commitment.

Information for Youth: Volunteer Opportunity Directory and Indices

Blood Centers of The Pacific
 1791 El Camino Real
 Burlingame CA 94010
 Main Phone: (650) 697-4034 x 106
 Contact: Debbie Bingham
 Contact Phone:(650) 697-4034 x 106
 Contact email: dbingham@bloodcenters.org
 Minimum Volunteer Age: 16

The agency needs volunteers to serve refreshments to blood donors, and to perform various tasks such as labeling and stuffing envelopes, photocopying, filing, etc.. Hours vary and depend on what the volunteer's schedule allows. Schedules are given a month prior to the volunteer date(s).

Boys and Girls Club of Pacifica
 955 Yosemite Dr.
 Pacifica CA 94044
 Main Phone: (650)355-1334
 Contact: Chris Chaika
 Contact Phone:(650) 355-1334
 Minimum Volunteer Age: 16

Share a few hours a week with youth ages 6-14 who need assistance with their homework. Tutoring takes place Monday through Thursday from 3:00 to 5:00 p.m. and volunteers are expected to take two 2-hour shifts per week.

Boys and Girls Club of South San Francisco
 201 West Orange Avenue
 South San Francisco CA 94080
 Main Phone: (650) 589-7090
 Contact: Linda Vigil
 Contact email: bgclub@netwiz.net
 Contact Phone: (650) 589-7090

Tutor academically challenged youth in the areas of reading, language and math.

Boys and Girls Club of the Peninsula
 www.bgcp.org
 P.O. Box 1029
 Menlo Park CA 94026
 Main Phone: (650) 322-8065
 Contact: Ryan Williams
 Contact email: rwilliams@bgcp.org
 Minimum Volunteer Age: Flexible

The Boys and Girls Club of the Peninsula has four locations: two locations in Menlo Park, one in Redwood City and one in East Palo Alto. Volunteers are needed year-round to help with all major activities: Academic Support, Physical Education, Social Recreation, Life Skills Development, and Arts & Crafts. Short- and long-term volunteer commitments are available.

Bread of Life EPA
 1852 Bay Road
 East Palo Alto CA 94303
 Main Phone: (650) 326-9796
 Contact: Dr. Jeri Hill (Dr. J)
 Contact email: breadoflifeepa@juno.com
 Minimum Volunteer Age: 14

Bread of Life is a dining room offering multiple services to the homeless and needy of East Palo Alto. Volunteers are needed to help serve meals five days a week. Hours: Tuesday, Wednesday, Thursday at 4:30 p.m., Saturday at 1-2 p.m., Sunday at 2:30-3:30 p.m.. Donations of food and clothing are also needed. One-Time Service Projects can be arranged with Dr. Hill. For groups wanting to volunteer, the maximum group size is six, while the minimum group size is two.

Canopy: Trees for Palo Alto
 www.canopy.org
 3921 East Bayshore Road
 Palo Alto CA 94303
 Main Phone: (650) 964-6110
 Contact: Karen Donnelly
 Contact email: info@canopy.org
 Contact Phone: (650) 964-6110
 Minimum Volunteer Age: 16



Canopy is a non-profit advocate for Palo Alto's community trees and works to educate, inspire and engage Palo Altans as stewards of new and existing trees. Volunteers are needed to help plant and care for trees. When part of an organized group, minimum age for volunteers is 14. Plantings and Tree Care sessions take place on select Saturday mornings throughout the year, with a typical required time commitment of 3 hours per event. Training and tools are provided at each event and no previous experience is necessary. A calendar of events is available on Canopy's website at www.canopy.org.

Canyon House - Atherton
 20 Redwood Way
 Atherton CA 94027
 Main Phone: (408)730-4004
 Contact: Eva Aber
 Contact email: eva@canyonhouse.com
 Contact Phone: (408)730-4004
 Minimum Volunteer Age: 12

Canyon House provides retirement homes for seniors. Volunteers befriend residents by visiting, playing games, talking, reading, singing or dancing.

Canyon House - Menlo Park
 1336 Cloud Avenue
 Menlo Park CA 94025
 Main Phone: (408)730-4004
 Contact: Eva Aber

Information for Youth: Volunteer Opportunity Directory and Indices

Contact email: eva@canyonhouse.com
 Contact Phone: (408)730-4004
 Minimum Volunteer Age: 12

Canyon House provides retirement homes for seniors. Volunteers befriend residents by visiting, playing games, talking, reading, singing or dancing.

Canyon House - Sunnyvale
 147 Crescent Avenue
 Sunnyvale CA 94087
 Main Phone: (408)730-4004
 Contact: Eva Aber
 Contact email: eva@canyonhouse.com
 Contact Phone: (408)730-4004
 Minimum Volunteer Age: 12

Canyon House provides retirement homes for seniors. Volunteers befriend residents by visiting, playing games, talking, reading, singing or dancing.

Carlmont Convalescent Hospital
 2140 Carlmont Drive
 Belmont CA 94002
 Main Phone: (650) 591-9601
 Contact: Lisa Mendoza
 Contact email: eva@canyonhouse.com
 Contact Phone: (650) 591-9601
 Minimum Volunteer Age: 14

Volunteers are needed to provide company, perform artistically, participate in activities and do arts and crafts with the residents.

Center for Domestic Violence
www.cdvp.org
 P.O. Box 5090
 San Mateo CA 94022
 Main Phone: (650) 652-0800
 Contact: Susie Guzman
 Contact email: volunteer@cdvp.org
 Contact Phone: (650) 652-0800
 Minimum Volunteer Age: 14

The Center for Domestic Violence Prevention provides shelter, counseling, legal help and referrals to victims of domestic violence. We offer a Teen-Only Volunteer Training where volunteers can learn to be hotline counselors for teenagers, chat room facilitators on our web site or childcare providers at the center. The volunteer training is two weeks (40 hours total).

Channing House
www.channinghouse.com
 850 Webster Street
 Palo Alto CA 94301
 Main Phone: (650) 327-0950

Contact: Suzan Gabin
 Contact email: ad_ss@channinghouse.com
 Contact Phone: ((650) 327-0950
 Minimum Volunteer Age: 12

Channing House is a nursing facility and retirement home. Volunteers visit with residents; and assist with bingo, word games, arts and crafts, special events, or parties. Groups can assist with parties, games, or craft projects; and be involved with a school play, musical program and/or the Adopt A Senior program. Weekday activities are usually scheduled at 10:00 a.m. and 2:00 p.m.. During the holidays, there are musical programs and art projects that volunteers can be involved in as one-time service projects.

Child Abuse Prevention Center
www.childabusepreventioncenter.org
 400 Harbor Blvd., Bldg B
 Belmont CA 94002
 Main Phone: (650) 562-0730
 Contact: Olga Bakhtiaro
 Contact email: vprogram@hotmail.com
 Contact Phone: (650) 595-7640
 Minimum Volunteer Age: 16

The Center's two visitation/play rooms are used by families for their visits with children in foster care. Volunteers are needed to help with the thorough periodic cleaning of toys and equipment in the play rooms and to assist with child care. Groups are welcome and could help on weekends.

Children's Book Project
 45 Holly Park Circle
 San Francisco CA 94110
 Main Phone: (415) 334-7244
 Contact: Vicki Pollack
 Contact email: pollackv@hotmail.com
 Contact Phone: (415) 334-7244
 Minimum Volunteer Age: Flexible

The Children's Book Project helps economically-disadvantaged children learn to read by providing the children and the facilities that serve them with free children's books. We need youth to organize children's book drives for us at their schools or other organizations. Book drives usually run from a week to a month. We will pick up books and help youth to organize drives.

Children's Health Council
www.chconline.org
 650 Clark Way
 Palo Alto CA 94304
 Main Phone: (650) 326-5530
 Contact: Linda Plount
 Contact email: LPlount@chconline.org
 Contact Phone: (650) 617-3814
 Minimum Volunteer Age: 16

Information for Youth: Volunteer Opportunity Directory and Indices

Children's Health Council is a non-profit agency that provides diagnostic treatment, and educational services for children with emotional/behavioral problems and learning disabilities. Special event assistance is needed in May and July.

Citizens Committee to Complete Refuge
 453 Tennessee Lane
 Palo Alto CA 94306
 Main Phone: (650) 493-5540
 Contact: Florence LaRiv
 Contact email: florence@refuge.org
 Contact Phone: (650) 493-5540
 Minimum Volunteer Age: Flexible

Citizens Committee to Complete the Refuge is an environmental action committee concerned with the preservation of all remaining San Francisco Bay wetlands and their acquisition by the public. Volunteers write letters or help produce and distribute semi-annual newsletters.

City of Daly City
 www.ci.daly-city.ca.us
 333-90th Street
 Daly City CA 94015
 Main Phone: (650) 991-8296
 Contact: Gina Javier
 Contact email: gjavier@dalcycity.org
 Contact Phone: (650) 991-8296
 Minimum Volunteer Age: 14

The Volunteers in Daly City program provides to the community new avenues for meaningful civic involvement. With over 40 volunteer assignments in various city departments, it creates opportunities for residents to become involved in civic affairs. Students and teens gain work experience and learn valuable skills by joining this citywide program. Related jobs available include Administrative Receptionist, Clerical Assistant, Office Assistant, Greeter/Reception Clerk, Special Program Assistant and Volunteers.

City of Mountain View Volunteers
 www.ci.mtnview.ca.us
 201 S. Rengstorff Avenue
 Mountain View CA 94040
 Main Phone: (650) 903-6607
 Contact: Rae Blasquez
 Contact email: rae.blasquez@ci.mtnview.ca.us
 Contact Phone: (650) 903-6607
 Minimum Volunteer Age: 14

City of Mountain View Volunteer Services helps connect volunteers with city programs and services. Volunteers are needed to assist with special events throughout the year. Events include the Halloween Family Festival, Tree

Lighting, Breakfast with Santa, Spring Downtown Parade and more!

City of Pacifica
 www.ci.pacifica.ca.us
 170 Santa Maria Avenue
 Pacifica CA 94044
 Main Phone: (650) 738-7304
 Contact: Ruth Hotchkiss
 Contact email: hotchkissr@ci.pacifica.ca.us
 Contact Phone: (650) 738-7304
 Minimum Volunteer Age: 14

The City of Pacifica serves its 40,000 residents with recreation, library, cultural and social programs. Youth volunteers are needed for environmental, athletic and special event programs--especially for the restoration of the San Pedro Creek Wetlands region. Needed for 1-2 weekends/month and after school, volunteers must be agile, conscientious and dependable. For One-Time Service Projects, youth can volunteer for Fun Fest in September, July 4th festivities, and the bimonthly Beach Clean-Up. Groups are encouraged to volunteer for the bimonthly Beach Clean-Ups, the Christmas visits to shut-ins and holiday decorating at Thanksgiving.

City of Palo Alto-Baylands
 www.city.palo-alto.ca.us
 2500 Embarcadero Road
 Palo Alto CA 94301
 Main Phone: (650) 617-3100
 Contact: Erin Bennett
 Contact email: erin_bennett@city.palo-alto.ca.us
 Contact Phone: (650) 617-3100
 Minimum Volunteer Age: 15

Our mission is to protect and interpret our natural world for people to enjoy now and in the future. Volunteer opportunities at the Baylands Nature Preserve include habitat restoration, trail maintenance, gardening, picnic table and bench maintenance, fence and gate repair and construction, litter pick-up and more. One-Time Service Projects and projects for groups are available.

City Year San Jose & Silicon Valley
 www.cityyear.org
 116 Paseo de San Antonio
 San Jose CA 95112
 Main Phone: (408) 907-6500
 Contact: Brenton Lee
 Contact email: blee@cityyear.org
 Contact Phone: (408) 294-3041
 Minimum Volunteer Age: 10

City Year is an AmeriCorps program that engages 17-24 year-olds for a demanding year of full-time community service, leadership development and civic engagement. Our volunteers provide tutoring in the areas of reading, writing, math

Information for Youth: Volunteer Opportunity Directory and Indices

and science, coordinate after-school programs, and engage young students in community service projects. The full term of service is approximately ten months, beginning at the end of every August and ending the following June, but we also provide one-time or short-term volunteers opportunities for young people of all ages interested in serving with their peers. For One-Time Service projects, volunteers can be involved in Youth Service Day, physical service projects, City Year Spring Camps and Martin Luther King, Jr. weekend. Groups of volunteers can assist with Young Heroes, City Heroes, and Youth Service Day.

Community Action Agency of San Mateo County, Inc.
 www.caasm.org
 930 Brittan Ave.
 San Carlos CA 94070
 Main Phone: (650) 595-1342
 Contact: Grace Kanomata
 Contact email: Grace@caasm.org
 Contact Phone: ((650) 595-1342
 Minimum Volunteer Age: 15

CAA assists low-income individuals and families in San Mateo County with services such as utility payment assistance, weatherization assistance, emergency food assistance, etc. It would be very helpful if volunteers could speak English and Spanish. Volunteers are needed Monday-Friday, preferably at least 4 hours a day, depending on need. Experience in office filing, answering telephones and dealing with the public are helpful.

Community Association for Rehabilitation
 www.c-a-r.org
 525 East Charleston Road
 Palo Alto CA 94306
 Main Phone: (650) 494-0550
 Contact: Joanie Meyers
 Contact email: joanie@c-a-r.org
 Contact Phone: (650) 812-2827
 Minimum Volunteer Age: 14

C.A.R. provides community-based services for 2,800 infants through seniors with developmental disabilities and other special needs. Volunteers are needed to assist staff with seven programs. The agency also has annual events, which need one-time volunteers. For One-Time Service Projects, individuals or groups can participate in C.A.R.'s Corporate Challenge Aquathon in early fall each year.

Community Impact
 www.communityimpact.org
 721 Central Avenue
 Mountain View CA 94043
 Main Phone: (650) 965-0242
 Contact: Ken Seto
 Contact email: ken@communityimpact
 Minimum Volunteer Age: Flexible

Community Impact is dedicated to making community service flexible for those who want to give back to their community but can't fit an on-going commitment into their busy lives. It organizes several hundred one-day projects each year. Projects vary greatly in scope, size and type. Please see our website for a current listing.

Community School of Music & Arts
 www.Arts4all.org
 220 View St. (Check address)
 Mountain View CA 94041
 Main Phone: (650) 961-0342
 Contact: Christina Drake
 Contact email: info@arts4all.org
 Contact Phone: 650) 961-0342
 Minimum Volunteer Age: 14



The Community School of Music and Arts (CSMA) is one of the largest providers of art education in Santa Clara and San Mateo Counties. Volunteers are needed to provide office support such as answering phones, handling inquiries, data entry, and bulk mailing. Volunteers are needed for special events, concerts, art exhibits and camps.

Community Services Agency
 www.csacares.org
 204 Stierlin Road
 Mountain View CA 94043
 Main Phone: (650) 968-0836
 Contact: Penny Morehead
 Contact email: pmorehead@csacares.org
 Contact Phone: (650) 964-4630
 Minimum Volunteer Age: 16

Community Services Agency helps the hungry, elderly, homeless and needy in the communities of Los Altos, Los Altos Hills and Mountain View. Volunteers provide food in the nutrition center and help with special events and office work. One-Time Service Projects include helping during the holiday season, and groups are needed to sort and package food during the holiday season, to sort inventory and to organize toys for the agency's Toy Store.

Creative Montessori
 1421 Bay Road
 East Palo Alto CA 94303
 Main Phone: (650) 325-9543
 Contact: Gloria Marshal
 Contact email: gloria_31668@msn.com
 Contact Phone: (650) 325-9543
 Minimum Volunteer Age: 14

Creative Montessori provides childcare for children from two to six years of age. Volunteers assist with classroom and recreational activities at the school. Office help is also needed.

Information for Youth: Volunteer Opportunity Directory and Indices

Cystic Fibrosis Research, Inc.
 www.cfri.org
 2672 Bayshore Parkway
 Mountain View CA 94043
 Main Phone: (650) 404-9975
 Contact: David Soohoo
 Contact email: progmgr@cfri.org
 Contact Phone: (650) 404-9445
 Minimum Volunteer Age: 15

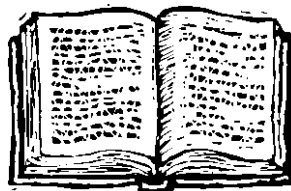
CFRI funds cystic fibrosis research and offers educational and support programs for people with CF and their families. Volunteer opportunities are open to people of all ages and include assisting in fundraising events such as golf tournaments and donation mailings. Volunteers are needed Monday through Friday from 9-5 and must have their own transportation to the office. There are seasonal volunteer opportunities in the evenings, so please call (650) 404-9445 for further information.

Daly City Emergency Food Pantry
 P. O. Box 280
 Daly City CA 94016-0280
 Main Phone: (650) 994-5150
 Contact: Volunteer Coordinator
 Contact email: dcefp@aol.com
 Contact Phone: (650) 994-5150
 Minimum Volunteer Age: 13

The Food Pantry distributes food boxes to low-income families and serves hot meals to the needy three times a week. Volunteers can assist with serving food on Mondays, Tuesdays, and Thursdays from 4:30-6:30 p.m.

Daly City Public Library
 40 Wembley Drive
 Daly City CA 94015
 Main Phone: (650) 746-8303
 Contact: Lolly Pineda
 Contact email: pinedal@pls.lib.ca.us
 Contact Phone: (650) 746-8303
 Minimum Volunteer Age: 14

Computer Lab Monitors are needed to assist library staff in managing the lab stations. Volunteers will explain to lab patrons the library's computer use policies and procedures. Applicants should be familiar with basic PC operations, including the internet and word processing, and have good customer service and communication skills. For information about volunteering as a Computer Lab Monitor, please contact Lolly Pineda at (650) 746-8303. For more information about how you can be involved with general library tasks, contact Julianne Reidy at (650) 746-8352.



Daly City Youth Health Center
 2780 Junipero Serra Blvd.
 Daly City CA 94015
 Main Phone: (650) 991-2240
 Contact: Barbara Raboy
 Contact email: barblraboy@aol.com
 Contact Phone: (650) 991-2240
 Minimum Volunteer Age: 14

DCYHC provides free confidential and culturally sensitive primary medical care, mental health counseling, health education, vocational counseling, and mentoring, to adolescents aged 13-21. Youth volunteers are needed to serve as clerical assistants and to be peer health advocates in the center and local schools. For One-Time services projects, volunteers can assist with clerical tasks for an annual immunization testing campaign.

Draw Bridge
 www.drawbridge.org
 P.O. Box 2698
 San Rafael CA 94912
 Main Phone: (415) 456-1269
 Contact: Arla S. Ertz
 Contact email: drawonus@aol.com
 Contact Phone: (415) 456-1269
 Minimum Volunteer Age: 16

Draw Bridge's mission is to provide art programs for homeless children and children from low-income families in an environment that fosters their sense of childhood joy and creativity. We strive to promote the well-being and stabilization of the family by creating a supportive environment. Participation in Draw Bridge means a willingness to be present without judgment, to be consistent and honest, and to not to hold an attitude that we are there to "fix" the children or their situation. Volunteers are asked to give a minimum 6-month commitment of approximately 2-3 hours per week working with children ages 4-16.

East Palo Alto Library
 www.eastpaloalibrary.org
 2415 University Avenue
 East Palo Alto CA 94303
 Main Phone: (650) 321-7712
 Contact: Rebecca Hill-Long
 Contact email: hilllong@plsinfo.org
 Contact Phone: (650) 321-7712 x 227
 Minimum Volunteer Age: 15

Volunteers may help straighten books, file, work on computers, or assist at book sales. Spanish speakers are needed for weekly Bi-Lingual Night and to read aloud to Spanish speaking children. Assistance is also needed for Arts & Crafts activities on Fridays and for additional special events throughout the year.

Information for Youth: Volunteer Opportunity Directory and Indices

Ecumenical Hunger Program
 1836 Bay Road, Suite B
 East Palo Alto CA 94303
 Main Phone: (650) 323-7781
 Contact: Fanny Williams
 Contact email: fanny@ecumenicalhunger.org
 Contact Phone: (650) 323-7781
 Minimum Volunteer Age: 15

The Ecumenical Hunger Program gathers surplus food, clothing and furniture and distributes these items to needy families. Help is needed in sorting and organizing donations and general office assistance would be helpful. Saturday work parties can be arranged for big groups.

Elkus Youth Ranch
http://danr.ucop.edu/_elkus_
 625 Miramontes, #200
 Half Moon Bay CA 94019
 Main Phone: (650) 712-3158
 Contact: Joyce James
 Contact email: jmjames@ucdavis.edu
 Contact Phone: (650) 712-3158
 Minimum Volunteer Age: 13

Students from all over the Bay Area come to Elkus Ranch for farm tours and hands-on environmental learning. Volunteers can pitch in with livestock care, gardening activities, and trail work assistance. Teachers are also welcome to call regarding service learning projects.

Ellipse Peninsula AIDS Services
 173 South Boulevard
 San Mateo CA 94402
 Main Phone: (650) 572-9702
 Contact: Byron Swerdfeger
 Contact email: Ellipse415@aol.com
 Contact Phone: (650) 572-9702
 Minimum Volunteer Age: 16 (12 with adult supervision)

Ellipse provides a wide range of support services throughout San Mateo County for people with HIV, their families, and friends. Youth can help in the pantry, deliver groceries, provide emotional and practical support, or educate their peers through the Youth Outreach Team. General clerical support is also needed. (Maximum group size is 10.)

Emergency Housing Consortium
 2011 Little Orchard St
 San Jose CA 95125
 Main Phone: (408)294-2100
 Contact: Martha Caywood
 Contact email: mcaywood@homelessness.org
 Contact Phone: (408)294-2100
 Minimum Volunteer Age: 18

The Consortium provides shelter services for homeless

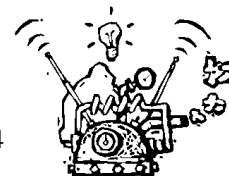
individuals and families. Students may tutor in the evenings or help with children's activities. Groups can assist with sorting food, and preparing meals. Those with knowledge of Spanish are especially needed. For One-Time Service Projects, volunteers may conduct sports activities or parties for children, and help with arts and crafts. For group projects, volunteers may assist with serving breakfast, lunch, or dinner each day of the week. This program exists year round. Maximum group size is 10.

Environmental Volunteers Inc.
www.Evols.org
 3921 East Bayshore Road
 Palo Alto CA 94303
 Main Phone: (650) 961-0545
 Contact: Hillary Lennard
 Contact email: hillary@evols.org
 Contact Phone: (650) 961-0545
 Minimum Volunteer Age: 16



Environmental Volunteers produces high-quality, hands-on, natural science and environmental programs for grade school children. Volunteers make classroom presentations and lead field trips. Training is provided October-April at a cost of \$25 per session.

Exploratorium
www.exploratorium.edu
 3601 Lyon Street
 San Francisco CA 94123
 Main Phone: (415) 561-0364
 Contact: Deirdre Araujo
 Contact email: volunteer@exploratorium.edu
 Contact Phone: (415) 561-0364
 Minimum Volunteer Age: 15



The Exploratorium is a museum of science, art, and human perception, and was founded in 1969 by physicist Frank Oppenheimer. The mission is to create a culture of learning through innovative environments, programs, and tools that help people nurture their curiosity about the world around them. Cheerful, reliable, and interested teens are welcome to apply for a variety of opportunities behind the scenes, in the office and directly assisting museum visitors.

Fair Oaks Community Center
www.redwoodcity.org
 2600 Middlefield Road
 Redwood City CA 94063
 Main Phone: (650) 780-7509
 Contact: Jeanette Mukha
 Contact Phone: (650) 780-7509
 Minimum Volunteer Age: Flexible

Fair Oaks Community Center helps people help themselves and serves the community by referring and guiding clients to helping agencies. Volunteers help our clients fill out forms,

Information for Youth: Volunteer Opportunity Directory and Indices

make phone calls, make copies, file, take messages, answer phones, and help translate calls for clients. Bilingual volunteers in Spanish, and in other languages are helpful. Volunteers are needed daily and for Thanksgiving, Easter and Christmas.

Fair Oaks Elementary School
 2950 Fair Oaks Avenue
 Redwood City CA 94063
 Main Phone: (415) 561-0364
 Contact: Roberta Lee
 Contact email: rlee@resd.k12.ca.us
 Contact Phone: (415) 561-0364
 Minimum Volunteer Age: 12

Volunteers are needed to help tutor children one-on-one or in groups in reading, math, and writing. Reading tutors needed who can make a regular commitment 3 days per week for 1 hour a day. We will train reading tutors.

Family Giving Tree
 www.familygivingtree.org
 505 Valley Way
 Milpitas CA 95035
 Main Phone: (408) 946-3111
 Contact: Jennifer Cullenbine
 Contact Phone: (408) 946-3111
 Contact email: queenelf@familygivingtree.org
 Minimum Volunteer Age: 8
 The Family Giving Tree helps people obtain clothing, household items, and children's items such as educational and recreational supplies. Volunteers are needed for clerical work, wish card printing and sorting, gift sorting and bagging, and for technical support (for Windows 2000 platform).

Family Service Agency of San Mateo
 www.fssm.org
 1870 El Camino Real
 Burlingame CA 94010
 Main Phone: (650) 692-0555
 Contact: Shirley Moore
 Contact Phone: (650) 692-0555
 Contact email: smoore_fssm@yahoo.com
 Minimum Volunteer Age: 14

Family Service Agency provides counseling, childcare and nutrition services for older adults, disabled or chronically ill persons, and single heads of households. Volunteers are needed to help care for children while their parents attend group therapy as well as for general office work. Additional service opportunities include helping set up for the annual Winner's Breakfast each spring.

Family Service Agency of San Mateo County - Child Care
 225 Tilton Avenue
 San Mateo CA 94401

Main Phone: (650) 347-3177
 Contact: Marisa Espinal
 Minimum Volunteer Age: 12

The Infant/Toddler Center provides childcare for children ages three months to three years. Volunteers will assist the teacher with care and supervision of a group of young children. Volunteers will also help set up and clean up indoor and outdoor activities and meals. Hours are Monday through Friday, 7:00 a.m-5:45 p.m.

Family Service Agency of San Mateo County
 Family Visitation Center
 www.fssm.org
 707 Bradford Street
 Redwood City CA 94063
 Main Phone: (650) 365-2284
 Contact: Beth McNamara
 Contact email: info_fssm@yahoo.com
 Contact Phone: (650) 365-2284
 Minimum Volunteer Age: 14

The Family Visitation Center reunites families who have been separated because of divorce, drug or alcohol abuse; domestic violence; or child abuse. Volunteers help maintain files, send out correspondence, do computer work. For One-Time Service Projects, volunteers may clean, sort and organize toys, as well as help decorate the Center for monthly holidays. This takes place on the last Sunday of every month but can also be arranged on a different day upon request. Great for group or individual projects.

First Resort (formerly known as Pregnancy Care Center of San Mateo County)
 www.firstresort.net
 801 Brewster Ave., Suite 210
 Redwood City CA 94063
 Main Phone: (650) 595-3515
 Contact: Betsy Brassea
 Contact Phone: (510) 891-9985
 Contact email: betsyb@firstresort.net
 Minimum Volunteer Age: 14

The mission of First Resort is to help build strong and healthy family units in San Mateo County by encouraging sexual abstinence for unmarried teens and young adults, and by supporting women and their loved ones during an unplanned pregnancy. We offer volunteer opportunities in the following areas: peer counseling, participating in our abstinence-based educational program in local schools, fundraisers, special events, and administrative support. Requirements vary by position, but all volunteers should share our overall mission. Time commitment is usually 3-5 hours per week, except when helping with special projects. Volunteers are welcome on a one-time basis to help with upkeep and maintenance of our centers.

Information for Youth: Volunteer Opportunity Directory and Indices

Foster City Parks and Recreation
www.fostercity.org
 650 Shell Boulevard
 Foster City CA 94404
 Main Phone: (650) 286-2585
 Contact: Michele Scaten
 Contact Phone: (650) 286-3378
 Contact email: mscatena@fostercity.org
 Minimum Volunteer Age: 12

Foster City needs volunteer day-camp counselors to supervise children in their year-round camp programs, children's programs. Volunteers are also needed for 2 hours a week assisting with the Senior Lunch Program.

Friends of Huddart/Wunderlich Parks
 P.O. Box 884
 San Carlos CA 94070
 Main Phone: (650) 851-2660
 Contact: Ellen Schuette
 Contact email: ellen@parksupport.org
 Minimum Volunteer Age: Flexible

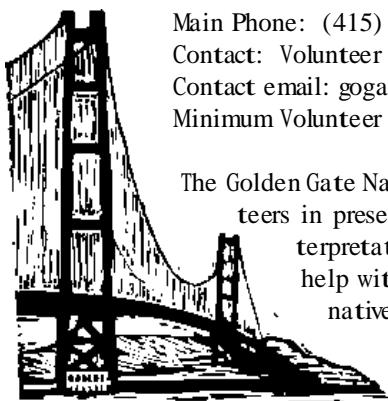


Help preserve the beauty of two of San Mateo County's parks. Individuals and groups of volunteers are needed to assist county rangers with park and trail maintenance and repair, and to lead nature walks for children. Training is provided. Hours are flexible. For One-Time Service Projects, small children can take part in doing summer watering of new native plants, while middle school students can do trail raking and cutting back of vegetation. Groups of high school age youth can be involved with the Trailblazers, where they will train as Nature Guides and participate in trail maintenance and repair.

Glide Memorial Church
www.glide.org
 330 Ellis Street #204
 San Francisco CA 94102
 Main Phone: (415) 674-6080
 Contact: Tod Dumbarthor
 Contact Phone: (415) 674-6081
 Contact email: tthorpe@glide.org
 Minimum Volunteer Age: 12 (Except during holiday season)

Glide provides over 3,500 free meals/day to the poor and homeless of San Francisco. Volunteers are needed to prepare and serve meals. For group projects, volunteers may prepare and serve meals daily for three hours, or prepare lunches on Saturdays or Sundays from 9-11am. Groups must register in advance. Current volunteer listings are posted at www.glide.org.

Golden Gate National Recreation Area
www.nps.gov/goga/vip
 Fort Mason Building #2
 San Francisco CA 94123



Main Phone: (415) 561-4755
 Contact: Volunteer Coordinator
 Contact email: goga_volunteers@hotmail.com
 Minimum Volunteer Age: Flexible

The Golden Gate National Recreation Area involves volunteers in preserving, restoring, and doing public interpretation of national parklands. Volunteers help with trail building, growing and planting native plants, removing non-native vegetation, working on newsletters and databases, and assisting with visitor services, educational programs, and other duties.

Green Pastures
www.greenpastureshome.org
 730 Cornelia Court
 Mountain View CA 94040
 Main Phone: (650) 956-2333
 Contact: Caroline Tangi
 Contact Phone: (650) 956-2333
 Contact email: greenpastures@greenpastures.org
 Minimum Volunteer Age: 13

Green Pastures is a Christian-based residential facility for six children who have physical and mental disabilities. Volunteers can play games with the children, help with homework (tutor), take children for walks, or join in on Saturday outings.

Half Moon Bay Children's Center
 494 Miramontes Ave
 Half Moon Bay CA 94019
 Main Phone: (650) 726-3273
 Contact: Josephine Pritchard
 Minimum Volunteer Age: 16

The Half Moon Bay Children's Center provides a preschool and daycare center to children between the ages of 2 1/2 and 5 years. Volunteers may assist the teachers with art projects, serve lunches, supervise the playground, play games with or read to children or help with clean-up duty.

Half Moon State Beach
 95 Kelly Avenue
 Half Moon Bay CA 94019
 Main Phone: (650) 726-8801
 Contact: Marianne Kjobmand
 Contact Phone: (650) 726-8801
 Minimum Volunteer Age: Flexible

California State Park's restoration projects help restore the dune ecosystem which will increase wildlife in the parks. Volunteers will plant native plants and remove non-native plants. They will learn how to identify 10 native plants and 5 non-native plants. The minimum volunteer time is 3 hours. (Parental permission slips are required.)

Information for Youth: Volunteer Opportunity Directory and Indices

Hesperian Foundation
www.hesperian.org
 1919 Addison Street, Suite 304
 Berkeley CA 94704
 Main Phone: (510) 845-1447
 Contact: Lucie Ocnas
 Contact Phone: (510) 845-1447 x 235
 Contact email: lucie@hesperian.org
 Minimum Volunteer Age: Flexible

Hesperian Foundation produces self-help books on health care for people in developing countries. Volunteers may assist with production of books and publications, or work in the office.

Hidden Villa Farm and Nature Preserve
www.hiddenvilla.org
 26870 Moody Road
 Los Altos CA 94022
 Main Phone: (650) 379-3026
 Contact: Sarah Slover
 Contact Phone: (650) 949-8655
 Contact email: volunteers@hiddenvilla.org
 Minimum Volunteer Age: 16

Hidden Villa engages children and adults in hands-on programs promoting environmental awareness and multicultural understanding. Volunteers will help with trail maintenance, organic gardening, clerical duties, or special events.

Hillbarn Theatre
www.hillbarntheatre.org
 1285 East Hillsdale Blvd.
 Foster City CA 94404
 Main Phone: (650) 349-6411
 Contact: Theatre Office
 Contact Phone: (650) 349-6411
 Contact email: etinvolved@hillbarntheatre.org
 Minimum Volunteer Age: 16

Hillbarn Theatre has been producing quality plays on the Peninsula for sixty years, bringing audiences classic, original, and innovative performances. The theatre needs help with building sets, sewing costumes, organizing costumes, acting, and ushering.

Hillsdale Manor
 2883 South Norfolk Street
 San Mateo CA 94403
 Main Phone: (650) 379-3026
 Contact: Judy Ave
 Contact Phone: (650) 378-3014
 Minimum Volunteer Age: Flexible

Hillsdale is a long-term care facility for senior citizens. Volunteers may visit one-on-one with residents, read,

play games, or help the residents play bingo.

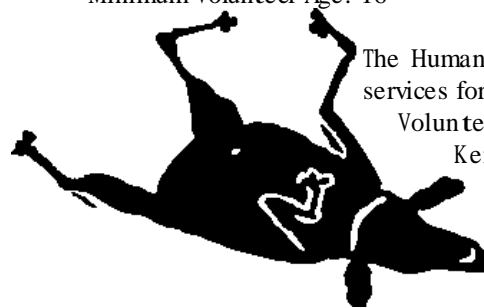
Homework Central
 725 Monte Diablo
 San Mateo CA 94403
 Main Phone: (650) 343-3423
 Contact: Laura Jones
 Contact Phone: (650) 343-3423
 Contact email: Homeworkcentral@hotmail.com
 Minimum Volunteer Age: 12

Homework Central, an educational support program for students in grades 3 through 5, is seeking volunteer tutors to assist in an after school program at 3 sites in San Mateo. Volunteers, assisted by a site coordinator, help the children complete their homework assignments and engage in other activities to build academic and social skills. Volunteers should be willing to commit to two hours (3-5pm), one day per week (M-Th).

Humane Education Network
www.hennet.org
 PO Box 7434
 Menlo Park CA 94026
 Main Phone: (650) 854-8921
 Contact: Sylvia Bancroft
 Contact Phone: (650) 854-8921
 Contact email: hennetz@aol.com
 Minimum Volunteer Age: 12

The Humane Educational Network educates, informs, and campaigns for the humane treatment of animals in order to end unnecessary animal suffering. The Network needs help with office work.

Humane Society of Santa Clara Valley
www.scvhumane.org
 2530 Lafayette St.
 Santa Clara CA 95050
 Main Phone: (408) 727-3383
 Contact: Kris Gunderson
 Contact Phone: (408) 727-3383 x 872
 Contact email: kgunderson@scvhuman.org
 Minimum Volunteer Age: 16



The Humane Society provides services for domestic animals. Volunteers may serve as Kennel Assistants, Lost & Found hosts or work in the pet store. All volunteers must go through orientation and training. Potential volunteers may view current positions and apply to volunteer online at www.scvhumane.org.

tion and training. Potential volunteers may view current positions and apply to volunteer online at www.scvhumane.org.

Information for Youth: Volunteer Opportunity Directory and Indices

Intercommunal Survival School
 713 2nd Avenue
 San Mateo CA 94401
 Main Phone: (650) 347-0463
 Contact: Tracy Gilbert
 Contact email: tracybethgilbert@aol.com
 Minimum Volunteer Age: 14

The Intercommunal Survival School is a state funded non-profit child development center serving children from families with low to moderate income levels between the ages of 2 1/2 and 5 years, opportunities include reading to the children & participating in small group interactions such as dramatic plays, developmental plays, and large/small gross motor activities. Together with the center staff, the volunteers will share in the experience of working with the children in an early childhood educational setting. Training is provided and encouraged to achieve the maximum potential of volunteer efforts.

Interfaith Hospitality Network
 www.nihn.org
 1720 El Camino Real, # 7
 Burlingame CA 94010
 Main Phone: (650) 652-1103
 Contact: Diana Linn
 Contact email: IHN@practicemgt.com
 Minimum Volunteer Age: 12

IHN works with synagogues and churches to offer hospitality and shelter to homeless families with children. Young persons of all ages are welcome to volunteer in the evenings through local congregations, serving meals and playing with the guests' children. Available hours are 6-9pm, seven days a week. No minimum commitment requested. For one-time/group service projects, classrooms can collect towels, sheets, toiletries and other needed supplies.

International Institute of San Francisco
 www.iisf.org
 2600 Middlefield Road
 Redwood City CA 94063
 Main Phone: (650) 780-9696
 Contact: Rocio Toriz
 Contact Phone: (415) 538-8100 x 202
 Contact email: rtoriz@iisf.org
 Minimum Volunteer Age: 16

The International Institute in San Mateo County provides legal and educational services to immigrants, enabling them to become effective participants in community life. We need volunteers who speak basic Spanish to assist applicants for U.S. residency and citizenship in filling out forms during our workshops. We have opportunities available for volunteers every month and appreciate any amount of time volunteers can commit. Most workshops are during early evening hours.

Italian-American Community Services Agency
 678 Green Street
 San Francisco CA 94133
 Main Phone: (415) 362-6423
 Contact: Isabella Rossi
 Contact Phone: (415) 362-6423
 Contact email: iacsa@pacbell.net
 Minimum Volunteer Age: 16

We are currently looking for volunteers interested in making companionship visits to Italian-Americans residing both in nursing homes as well as in their own private homes. This opportunity will enable volunteers to share in the experiences of local Italians and Italian-Americans, listening to stories about their origins and culture. We are also looking for volunteers interested in helping our clients with friendly visiting, special events, or grocery shopping, as most have difficulties carrying even light-weight shopping bags. All prospective volunteers will receive our Volunteer Handbook, which offers a comprehensive introduction to volunteering and provides helpful information for companionship visitors. Special event opportunities are also available.

Jane Goodall Institute - U.S.A.
 www.janegoodall.org
 P.O. Box 14890
 Silver Spring MD 20911-4890
 Main Phone: (800) 592-JANE
 Contact: Volunteer Coordinator
 Contact email: jgiinformation@janegoodall.org
 Minimum Volunteer Age: Flexible

The Jane Goodall Institute for Wildlife Research, Education, and Conservation commits itself to "wildlife research, international educational programs and conservation of habitats that sustain life on earth." Youth volunteers can organize and orchestrate fundraisers through the "Roots and Shoots" program.

Jewish Coalition for Literacy
 www.jclread.org
 5150 El Camino Real
 Los Altos CA 94022
 Main Phone: (650) 940-1225
 Contact: Maureen Sullivan
 Contact Phone: (650) 494-7180
 Contact email: msullivan@jcr.org
 Minimum Volunteer Age: 13

The Jewish Coalition for Literacy works to help Peninsula public school children learn to read through one-on-one tutoring by volunteer tutors. Volunteers will be trained and placed in a public school near their homes or schools. Tutors are expected to work for a minimum of one hour per week through the academic year. Tutoring matches are possible during school hours or in after school programs.

Information for Youth: Volunteer Opportunity Directory and Indices

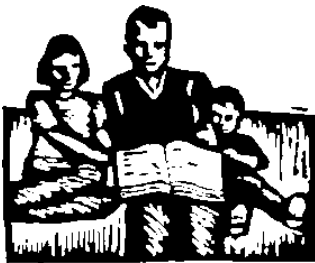
Kainos Home and Training Center
 3631 Jefferson Ave.
 Redwood City CA 94062-3137
 Main Phone: (650) 363-2423
 Contact: Jackie Powell
 Contact email: jackie.powell@kainousa.org
 Minimum Volunteer Age: 16

Kainos provides developmentally disabled adults with housing, vocational training and employment. These adults do simple repetitive tasks for which they get paid. Volunteers are welcome to assist developmentally disabled adults with developing social skills, bowling, cooking, art/music, computer skills, or they can act as a "buddy" for special events (Special Olympics, SF 49er football games, baseball games, community outings, etc.).

Kaiser Hospital Junior Program
 1150 Veterans Blvd.
 Redwood City CA 94063
 Main Phone: (650) 299-3134
 Contact: Vicki Lum
 Contact Phone: (650) 299-3134
 Minimum Volunteer Age: 14

Kaiser is a health maintenance organization serving the medical needs of those who subscribe to the Kaiser Permanente Health Plan. Volunteers are needed to assist with patient care and to staff the health care center and information desk. Orientation session, hospital tour, interview, and a 6-month commitment are required.

Kids and Families 1st
 51 W. 41st Ave.
 San Mateo CA 94402
 Main Phone: (650) 312-7777
 Contact: Kerry Philp
 Contact Phone: (650) 312-7777
 Contact email: kphilp@smfc.k12.ca.us
 Minimum Volunteer Age: 13



Kids and Families 1st is a partnership of organizations that serve children in the City of San Mateo. Call their volunteer hotline to receive information on how to get involved with one of the many after-school tutoring and homework assistance opportunities.

League of Women Voters - Central San Mateo County
 444 Peninsula Avenue, Suite 1
 San Mateo CA 94401
 Main Phone: (650) 342-5853

Contact: Ruth Kahoun
 Contact Phone: (650) 344-4725
 Contact email: rrkahoun@hotmail.com
 Minimum Volunteer Age: 15

The League of Women Voters, a nonpartisan political organization open to men and women, encourages the informed and active participation of citizens in government and works to increase understanding of major public policy issues. Volunteers help with voter registration and candidate forums, provide information to voters, and participate in studies and dialogues on education and public policy issues. There is no minimum time requirement, but the greatest need for volunteers is 2-3 months before each election during the spring and fall, and before special elections. One-time service opportunities include assisting at voter registration drives and candidate forums; or distributing voter information at community fairs, festivals or senior centers, discussing the pros and cons of ballot measures.

Leo J. Ryan Child Development Center
 1200 Miller Avenue
 South San Francisco CA 94080
 Main Phone: (650) 952-6848
 Contact: Marcia Summers
 Contact Phone: (650) 952-6848
 Contact email: msummers@pon.net
 Minimum Volunteer Age: 18

This intergenerational center and pre-school provides care for 60 children (2 years to 11 years of age). Volunteers may help organize activities and care for young children.

Loaves and Fishes Family Kitchen
 398 E. Santa Clara St.
 San Jose CA 95113
 Main Phone: (408) 293-4505
 Contact: Rene Hollamby
 Contact Phone: (408) 283-4974
 Contact email: rhollamby@loavesfishes.org
 Minimum Volunteer Age: 14

Loaves and Fishes provides no-cost hot meals five days a week at two locations. The kitchen targets families with children, senior citizens, single women, and disabled persons. Volunteers assist with meal preparation, serve and clean up after meals, and interact with individuals being served. Volunteers may participate in the food bag program on every 3rd Wednesday of every month from 9 a.m.-Noon. Volunteers will distribute bags of groceries to needy families.

Lucile Packard Children's Hospital
 725 Welch Road
 Palo Alto CA 94304
 Main Phone: (650) 497-8696
 Contact: Mary Ellen Loz
 Contact Phone: (650) 497-8549

Information for Youth: Volunteer Opportunity Directory and Indices

Contact email: mlozzi@stanfordmed.org
 Minimum Volunteer Age: 16

The hospital offers programs in playing and reading to children, administrative help, help in the maternity ward, and recreation therapy.

Lytton Gardens
www.Lyttongardens.org
 437 Webster St.
 Palo Alto CA 94301
 Main Phone: (650) 328-3300
 Contact: Shirley Conrad
 Contact Phone: (650) 617-7355
 Contact email: sconrad@lyttongardens.org
 Minimum Volunteer Age: 22

Lytton Gardens provides low-cost housing and nursing care for active and disabled elderly. Volunteers may visit residents, take walks with them, play games, assist with classes, read aloud or write letters. Groups that present musical or drama productions are welcome. For One-Time Service Projects, volunteers may provide holiday crafts. Volunteers may bring a project and staff will set up room and residents for the volunteers. For group projects, volunteers may present any project, (i.e. crafts, music, etc.) Center also has outings once a month and needs assistance getting residents to and from event location.

Magic, Inc.
www.ecomagic.org
 P.O. Box 15894
 Stanford CA 94309
 Main Phone: (650) 323-7333
 Contact: Hilary Hug
 Contact email: hilary@ecomagic.org
 Minimum Volunteer Age: 12



Magic is a non-profit ecological organization. Volunteers needed to help steward open space lands on Stanford campus--planting trees and other native plants, surveying health and growth of plantings, caring for recent plantings, and learning and teaching others about ecology.

Make*A*Circus
 755 Frederick Street
 San Francisco CA 94117
 Main Phone: (415) 242-1414
 Contact: Kristy Lin Billuni
 Contact email: admin@makeacircus.org
 Minimum Volunteer Age: 12

Make a Circus is devoted to linking circus arts with social needs by staging free-in-park Summer Festival Days performances, workshops, and shows for emotionally/physically challenged adults and children. Volunteers help publicize shows, sew costumes and/or work with children after the summer show. Volunteers are also needed to be

administrative assistants, and participate in face painting at special events.

March of Dimes
www.baydimes.org
 1050 Sansome St., 4th
 San Francisco CA 94111
 Main Phone: (415) 788-2202
 Contact: Tiffany Simpson
 Contact email: tsimpson@modimes.org
 Minimum Volunteer Age: 13

March of Dimes is a partnership of volunteers and professionals that provides leadership in the treatment and prevention of birth defects and premature birth. The office staff needs support for the following activities: Health Education Committee, Public Affairs Committee, Chain Reaction Youth Leadership Council, and fundraising events such as Walk America, Jail and Bail, Star Chefs, and our annual Golf tournament.

Mayview Community Health Center
 270 Grant Avenue
 Palo Alto CA 94306
 Main Phone: (650) 327-9734
 Contact: Maria Solis
 Minimum Volunteer Age: 16

Mayview Community Health Center provides primary medical care to low-income individuals and the medically underserved. Volunteers are needed to help organize an annual fair, assist in the office with clerical tasks, and assist with the food pantry once a month. For One-Time Service Projects, volunteers may assist food pantry coordination and food distribution to low-income families in the Ventura area, Palo Alto. Groups of volunteers may sort food, register families for the program, and assist families with food choices.

Mental Health Association of San Mateo County
 2686 Spring Street
 Redwood City CA 94063
 Main Phone: (650) 368-3345
 Contact: Arlene Aquino
 Contact Phone: (650) 368-3345 x101
 Contact email: arlenea@mhasmc.org
 Minimum Volunteer Age: 16

The Mental Health Association promotes the health and well-being of mentally disabled adults and their families. They need volunteer help weekdays between 9:00 a.m. and 1:00 p.m. to organize activities and serve meals in the Friendship Centers in Daly City, San Mateo, Redwood City, Belmont, San Carlos, and E.P.A. Groups of volunteers are needed to scrub walls, dust under furniture, paint, work in a garden, weed plants, etc. in our shelter.

Information for Youth: Volunteer Opportunity Directory and Indices

Mid-Peninsula Regional Open Space
 Spawww.openspace.org
 330 Distel Circle
 Los Altos CA 94022
 Main Phone: (650) 691-1200
 Contact: Paul McKowan
 Contact Phone: (650) 691-1200
 Contact email: volunteer@openspace.org
 Minimum Volunteer Age: 14



The Mid-Peninsula Regional Open Space District is a public agency that acquires and manages open space lands and provides public access for recreational uses. Once a month (on the third Saturday), volunteers perform a variety of trail construction and maintenance projects. For group projects, volunteers need to contact Paul McKowan for more information. Volunteer projects are arranged on an as needed basis.

Mid-Peninsula YWCA
 4161 Alma Street
 Palo Alto CA 94306
 Main Phone: (650) 494-0972
 Contact: YWCA Childcare Canter
 Contact Phone: (650) 494-0972
 Minimum Volunteer Age: 16

At the YWCA, volunteers will assist with daycare. The YWCA also needs performers with talent in sports, crafts, magic, or music to entertain children 2-5 years old.

Millbrae Serra Convalescent Hospital
 150 Serra Avenue
 Millbrae CA 94030
 Main Phone: (650) 697-7000
 Contact: Nina Elmore
 Contact Phone: (650) 697-7000
 Minimum Volunteer Age: 16

Millbrae Serra is a convalescent home that provides care to the very elderly and infirm. Volunteers can help as friendly visitors or activity assistants, and play games and bingo during social hour. For One-Time Service Projects, volunteers can be wheelchair pushers for the San Mateo County Fair's "My Fair Lady Pageant." Volunteers are also needed to pick and decorate a wheelchair. For group projects, volunteers may take seniors on outings on Thursdays (twice a month) or read poems to small groups daily for 20 minutes. For the latter, two-three youth are needed to switch reading and make comments. Volunteers may assist with programs to walk, help with painting, and put puzzles/games together on Tuesdays and Thursdays, 10:30-11:30am.

Mills-Peninsula Extended Care H
 101 S. San Mateo Dr., 4th Floor
 San Mateo CA 94401

Main Phone: (650) 344-6353
 Contact: Carrie Whetstone
 Contact Phone: (650) 344-6353 x 5245
 Minimum Volunteer Age: 14

Mills-Peninsula Extended Care Hospital provides care and activities for rehab and short-term patients. Volunteers can help by visiting, playing music, or assisting with activities, games, arts, and crafts 7 days a week.

MORE Family Resource Center
 1764 Marco Polo Way
 Burlingame CA 94010-4503
 Main Phone: (650) 259-0189
 Contact: Carolyn Locke
 Contact Phone: (650) 259-0189
 Minimum Volunteer Age: 16

MORE provides resources and support to children and families with special needs. Volunteers are needed for assembling small notebooks or packets of information for families or sometimes to help with childcare. One time volunteer opportunities are available when there is a scheduled workshop with childcare needs, to help with health fairs or big clerical projects. No minimum commitments are necessary.

Museum of American Heritage
 www.moah.org
 351 Homer Avenue
 Palo Alto CA 94302-1731
 Main Phone: (650) 493-0314
 Contact: Ellen Harrington
 Contact Phone: (650) 473-9070
 Contact email: mail@moah.org
 Minimum Volunteer Age: 16

Types of opportunities available for volunteers are Education Assistants, Events Assistants, Exhibit Preparation Assistants, Facilities Maintenance Assistants, Gallery Docents, Garden Volunteers, General Mailing Assistants, Gift Shop Assistants, Print Shop Assistants, Publicity PR Assistants, Watering Volunteers and Website Assistants.

National Center for Equine Facilitated Therapy
 5001 Woodside Road
 Woodside CA 94062
 Main Phone: (650) 851-2271
 Contact: Steve McKenzie
 Contact Phone: (650) 851-2271
 Contact email: Steve@nceft.com
 Minimum Volunteer Age: 14

The National Center for Equine Facilitated Therapy provides physical therapy to disabled children and adults, using the horse's walk as the treatment tool. Volunteers walk beside the clients as they sit astride the horse during treatment sessions. Volunteers should feel comfortable with children and relaxed around horses.

Information for Youth: Volunteer Opportunity Directory and Indices

National Kidney Foundation
 www.kidneyca.org
 611 Mission St., 3rd Floor
 San Francisco CA 94105
 Main Phone: (415) 543-3303
 Contact: Melanie Bekirime
 Contact Phone: (415) 543-3303 x 105
 Contact email: lanie@kidneyca.org
 Minimum Volunteer Age: 15

We have opportunities for youth 15 and up doing clerical work and data entry in our office Monday through Friday 9-5PM.

Opportunities Industrialization Center West
 www.OICW.org
 1200 O'Brien Drive
 Menlo Park CA 94025
 Main Phone: (650) 462-6310
 Contact: Marina Villanueva
 Contact Phone: (650) 462-6310
 Contact email: MVillanueva@OICW.org
 Minimum Volunteer Age: Flexible

This vocational training and employment center, whose mission is to improve the quality of life in its community, has a busy staff that would greatly appreciate volunteers to do data entry, filing and special projects.

Pacifica Community Television (PCT)
 www.pacificatv.org
 580 Crespi Drive, Unit E
 Pacifica CA 94044
 Main Phone: (650) 355-8000
 Contact: Shelley Ashton
 Contact email: shelley@pacificatv.org
 Minimum Volunteer Age: 11



PCT is the community access cable TV station for Pacifica. After volunteers attend a workshop where they learn production skills, they can work on the production team for television programs. Don't just watch TV. Make it!"

PalCare
 www.Palcare.org
 945 California Drive
 Burlingame CA 94010
 Main Phone: (650) 340-1289
 Contact: Gail Briesach
 Minimum Volunteer Age: 14

Palcare is a day and night childcare center providing care and enrichment for children 3 months to 5 years old. Volunteers assist teachers with playing, cooking, reading, singing, and small group activities. Volunteers must work well with children and be able to commit to a minimum of 4 hours of service per week.

Palo Alto Animal Services
 3281 E. Bayshore Rd.
 Palo Alto CA 94303
 Main Phone: 650-496-5989
 Contact: Bettyann Stenmark
 Contact Phone: 650-496-5989
 Contact email: bettyann_stenmark@city.palo-alto.ca.us
 Minimum Volunteer Age: 16

Palo Alto Animal Services is a city-run animal shelter. Youth at least 16 years of age can assist in the socializing of cats, and assisting in the cat adoption room by showing cats to prospective adoptive families. Volunteers must commit to serving 2 hours per week for a minimum of 6 months.

Palo Alto Area American Red Cross
 www.paarc.org
 400 Mitchell Lane
 Palo Alto CA 94301
 Main Phone: (650)688-0415
 Contact: Cara Carter
 Contact Phone: (650) 688-0449
 Contact email: ccarter@paarc.org
 Minimum Volunteer Age: 14

Youth service opportunities with the Palo Alto Area American Red Cross encompass the Safe Ride, Youth Action Team and Youth Advisory Board programs. As an alternative to driving or riding in a dangerous situation, the Safe Ride Program (run both by and for high school students) provides free and confidential rides home for teens every Friday and Saturday night from 10pm-2am. Student volunteers are needed to answer the toll-free telephone line, navigate and drive Red Cross vehicles. The Youth Action Team expands the number of meaningful, ongoing opportunities for youth involvement by involving young people in the process. The primary areas of activity will include peer education/presentations on different 'peer pressure' topics, community service, health and safety education, and disaster prevention, preparation, and response. The Youth Services Department's new Youth Advisory Board provides an opportunity for young people to gain valuable leadership, communication, and service skills. Participants take a leadership role with the American Red Cross to help the organization find better ways to incorporate youth into the work and mission of the Red Cross.

Palo Alto Area American Red Cross-Safe Kids
 www.paarc.org
 400 Mitchell Lane
 Palo Alto CA 94301
 Main Phone: (650)688-0427
 Contact: Rosanna Bonfilio
 Contact Phone: (650)688-0427
 Contact email: rosannab@paarc.org
 Minimum Volunteer Age: 14

Volunteers are trained in CPR and First Aid to be a peer health

Information for Youth: Volunteer Opportunity Directory and Indices

educator, and may then teach basic first aid and safety skills to elementary school students.

Palo Alto Art Center
 1313 Newell Road
 Palo Alto CA 94303
 Main Phone: (650) 329-2370
 Contact: Sheila Pastore
 Contact Phone: (650) 329-2370
 Contact email: sheila_pastore@city.palo-alto.ca.us

The Art Center offers a wide variety of art exhibitions, classes, and workshops in fine arts, as well as art classes for children. Youth can help by greeting visitors, assisting in children's art classes on weekends and vaca-



tion times, or completing office tasks such as mailing and data entry. For One-Time Service Projects, volunteers can assist with the Annual Summer Clay and Glass Festival. Individuals are needed to sell ice cream bars

from the carts one weekend in July.

Palo Alto Commons
 www.paloaltocommons.com
 4075 El Camino Way
 Palo Alto CA 94306
 Main Phone: (650) 494-0760
 Contact: Deeann Hui
 Contact Phone: (650) 494-0760
 Contact email: DHui@paloaltocommon.com
 Minimum Volunteer Age: Flexible

Palo Alto Commons is a retirement center for senior citizens located in south Palo Alto. Volunteers may join the seniors in their activities, such as games, reading, art, and bingo.

Palo Alto Community Child Care
 3990 Ventura Court
 Palo Alto CA 94306
 Contact: Sheila Mandoli
 Contact Phone: (650) 493-2361
 Minimum Volunteer Age: 18

The agency cares for children between the ages of two months and eleven years, while their parents are at work. Help supervise the kids while they cook, garden,

put on plays, play games, go to the petting zoo or swim. For One-Time Service Projects, volunteers can weed community garden. This is a seasonal job and happens 2-3 times per year. Groups of volunteers can also work in the garden and maintain path areas. Minimum age of volunteers with supervision is 14.

Palo Alto Parks and Golf Division
 Municipal Service Center
 Palo Alto CA 94303
 Main Phone: (650) 496-6962
 Contact: Catherine Bourquin
 Contact Phone: (650) 496-6962
 Contact email: catherine_bourquin@city.palo-alto.ca.us
 Minimum Volunteer Age: 14

The Palo Alto Parks and Golf Division is the branch of city government that supervises and maintains local parks. The Adopt-A-Park program allows groups to adopt a particular park and then regularly work on maintenance projects within the adopted park.

Palo Alto Volunteer Graffiti Program
 3201 E. Bayshore Rd.
 Palo Alto CA 94303
 Main Phone: (650) 496-5904
 Contact: Dinaa Alcocer
 Contact email: dinaa_alcocer@city.palo-alto.ca.us
 Minimum Volunteer Age: 13

The anti-graffiti program takes responsibility for removing graffiti in Palo Alto. Volunteer groups are needed to help remove and/or paint over graffiti. Graffiti program organizes one day group projects during non-rainy months.

Palo Alto Youth Council
 3800 Middlefield Road
 Palo Alto CA 94303
 Main Phone: (650) 329-2390
 Contact: Patrick Larkin
 Contact Phone: (650) 329-2390
 Minimum Volunteer Age: 14

Youth Council is a group of 15 Palo Alto high school students who meet biweekly as a task force to discuss and address teen issues. Some past issues have been strengthening ties with the Palo Alto City Council, developing a youth master plan, locating a 3rd middle school, installing school lockers, and participating in common projects.

PARCA
 www.parca.org
 1750 El Camino Real #1
 Burlingame CA 94010
 Main Phone: (650) 312-0730
 Contact: Sue Digre
 Contact email: SueD@parca.org
 Minimum Volunteer Age: 16

Information for Youth: Volunteer Opportunity Directory and Indices

Parca advocates and offers support services for people of all ages with developmental disabilities and their families. Volunteers can be reading tutors, help with music and art workshops, or help take care of children during monthly support meetings. Spanish speaking volunteers are welcomed. Parca is also interested in a group of teens who would like to organize teen gatherings for teens with disabilities. Skills in excel, PowerPoint and word are helpful.

Pathways (Formerly Mid-Peninsula Pathway Hospice)
www.hospicehomecare.org
 201 San Antonio Circle, Suite 135
 Mountain View CA 94040
 Main Phone: (888) 755-7855
 Contact: Mika Younce
 Contact Phone: (650) 947-4271
 Minimum Volunteer Age: 16

Pathways provides care and comfort to terminally ill people and their families. Treasures, their resale store, uses volunteers who provide customer service processing of donations, and display design. Mailing and office support are needed on an ongoing basis. For One-Time Service Projects, volunteers may organize the receiving area, design a newspaper advertisement and or inventory gift items. For group projects, volunteers may design and implement window displays greet donors and accept and process donations.

Peninsula Center for the Blind
www.pcbvi.org
 2470 El Camino Real, #107
 Palo Alto CA 94306
 Main Phone: (650) 858-0202
 Contact: Brenda Rupel
 Contact Phone: (650) 858-0202 x 75
 Contact email: bwalkerrupel@pcbvi.org
 Minimum Volunteer Age: 18

Peninsula Center for the Blind and Visually impaired offers a personalized in-home rehabilitation program for clients who are visually impaired in Santa Clara and San Mateo Counties. Volunteers read mail, newspapers, and magazines; help with letter writing and bills; or go for walks with clients. Minimum age for volunteers with supervision is 16.

Peninsula Community Foundation
www.pcf.org
 1700 So. El Camino Real #355
 San Mateo CA 94402-3049
 Main Phone: (650) 358-9369
 Contact: Georgia McDaniel
 Contact Phone: (650) 358-9392
 Contact email: georgia@pcf.org
 Minimum Volunteer Age: 14

The Peninsula Community Foundation does philanthropic

giving to schools and other non-profit organizations of the Peninsula. The Foundation and its nonprofit center need help with office work including data entry and special projects.

Peninsula Conflict Resolution Center
www.pcrweb.org
 520 So. El Camino, Suite 640
 San Mateo CA 94402
 Main Phone: (650) 373-3490
 Contact: Jennifer Bullock
 Contact Phone: (650) 373-3490
 Contact email: jbullock@pcrcweb.org
 Minimum Volunteer Age: 15

The Peninsula Conflict Resolution Center helps people communicate and learn communication skills. The organization can use youth as mediators (if the youth have mediation training from their schools) or as office volunteers (helping to collect data or do computer projects). The minimum volunteer time commitment is flexible as are the volunteer activities which are open to youth.

Peninsula Habitat for Humanity
www.homestead.com/peninsulahabitat
 1010 Doyle Street, #7
 Menlo Park CA 94025
 Main Phone: (650) 324-2266
 Contact: Don Varney
 Contact Phone: (650) 324-2266
 Contact email: volunteer@peninsulahabitat.org
 Minimum Volunteer Age: 14



Peninsula Habitat helps families with low incomes build and buy their own homes. Volunteers can help build houses, work in the office, help with the newsletter or assist with childrens' activities.

Peninsula Peace and Justice Center
www.peaceandjustice.org
 457 Kingsley Avenue
 Palo Alto CA 94301
 Main Phone: (650) 326-8837
 Contact: Paul George
 Contact Phone: (650) 326-8837
 Contact email: ppjc@peaceandjustice.org
 Minimum Volunteer Age: 14

The Center provides resources and education that work toward directing U.S. foreign and domestic policy to human needs and human rights. Volunteers staff the information and referral desk, assist with office work, distribute their monthly journal, and help at special events.

Information for Youth: Volunteer Opportunity Directory and Indices

Peninsula Symphony Orchestra
www.peninsulasymphony.org 146 Main Street, Ste. 207
 Los Altos CA 94022
 Main Phone: (650) 941-5291
 Contact: Margrit Rinder
 Contact Phone: (650) 941-5291
 Contact email: music@peninsulasym.org
 Minimum Volunteer Age: 16

The Peninsula Symphony Orchestra features the world's finest performers in San Mateo at the San Mateo Performing Arts Center (SAMPAC). They have four regular concerts during the 2000-2001 season (Oct. 20, Jan. 19, March 16, May 18) and would like assistance with ushering and stuffing their program booklets.

Pets in Need
www.petsinneed.org
 873 Fifth Avenue
 Redwood City CA 94063
 Main Phone: (650) 367-1405
 Contact: Marguerite Judson
 Contact Phone: (650) 817-9170
 Contact email: volunteer@petsinneed.org
 Minimum Volunteer Age: Flexible

Become a champion for the animals! By volunteering with Pets In Need as a Kitty Kuddler, or one of the many other positions, you can help us fulfill our mission to bring a loving, healthy home within paw's reach of every adoptable dog and cat.

Pilgrim Haven
 373 Pine Lane
 Los Altos CA 94022
 Main Phone: (650) 948-8291
 Contact: Rose Clark
 Contact Phone: (650) 948-8293 x 122
 Minimum Volunteer Age: Flexible

Pilgrim Haven is a continuing care community for senior citizens. Volunteers may visit with seniors, escort them to activities, or lead bingo games. Choral and instrumental groups are especially welcome. Students must be comfortable working in a setting with frail or wheelchair-bound elderly.

Planned Parenthood - Golden Gate
www.ppgg.org
 815 Eddy Street, Suite100
 San Francisco CA 94109
 Main Phone: (415) 441-7858 x 7263
 Contact: Volunteer Program Manager
 Contact email: volunteer@ppgg.org
 Minimum Volunteer Age: 16

The mission of PPGG is to provide comprehensive reproductive and primary health services; to provide educational programs; to advocate public policies that guarantee individual rights, dignity and privacy; and to promote health care research. Youth volunteers may help in our clinics or administrative offices and should refer to our website - www.ppgg.org - for more info and an online application. We ask for a six-month commitment, 3-5 hours per week.

Project Open Hand
www.openhand.org
 730 Polk Street
 San Francisco CA 94109
 Main Phone: (415) 447-2310
 Contact: Artrese Morrison
 Contact Phone: (415) 447-2310
 Minimum Volunteer Age: 15

Project Open Hand is an agency that prepares, packages, and delivers meals to home-bound people with HIV/AIDS. Volunteers help with food preparation, sorting and packaging of food, or stocking shelves at the food bank. Volunteer orientation meetings occur on Wednesday nights at 6:00 p.m.. Some One-Time Projects include preparing and packaging food, shopping at onsite grocery center, and delivering meals to client's homes.



Project Reach Program
www.parca.org
 2322 Crestmoor Drive

San Bruno CA 94066
 Main Phone: (650) 871-8402
 Contact: Cecilia Ortega
 Contact Phone: (650) 871-8402
 Minimum Volunteer Age: 14

Project Reach is an after-school and summer recreation program designed for children with and without disabilities. Project Reach needs help in preparing and supervising activities for children.

Project Read - Redwood City
www.projectread-RedwoodCity.org
 1044 Middlefield Road
 Redwood City CA 94063
 Main Phone: (650) 780-7077
 Contact: Pam Patek
 Contact Phone: (650) 780-7077
 Contact email: patek@plsinfo.org
 Minimum Volunteer Age: 13

Redwood City Project READ is a free, volunteer-based literacy program for adults, children, and families who want to improve their literacy skills. Two literacy programs are offered to youth volunteers. Tutors needed! Call and sign up

Information for Youth: Volunteer Opportunity Directory and Indices

for the next tutor training workshop. There are also a variety of ongoing volunteer opportunities-- call today to learn how to get involved!

RAFT
www.raft.net
 1355 Ridder Park Drive
 San Jose CA 95131
 Main Phone: (408) 451-1429
 Contact: Mimi Cavanaugh
 Contact Phone: (408) 451-1429
 Contact email: mimi@raft.net
 Minimum Volunteer Age: 12

RAFT collects business surplus items and delivers the goods to educators to use in schools for creative learning and play. Help process teacher materials between the hours of 9am-4pm on Monday through Friday, and 9am-2pm on Saturdays.

Rebuilding Together - Peninsula
www.rebuildingtogetherpeninsula.org
 P.O. Box 4031
 Menlo Park CA 94026
 Main Phone: (650) 366-6597
 Contact: Seana O'Shaughnessy
 Contact Phone: (650) 366-6597
 Contact email: seana@christmasinapril-mp.org
 Minimum Volunteer Age: 14

On National Rebuilding Day, volunteers join together to renovate and refurbish homes and community facilities of low-income, elderly, and disabled people. Paint, repair, clean, remove trash, landscape, or assist with plumbing, carpentry, electrical work, prep work, and clean-up. Groups are welcome. Maximum group size is 15 while minimum group size is 3. Throughout the year we can accommodate volunteer groups for one-day projects in the warehouse or office.

Redwood City Child Development
 2600 Middlefield Road
 Redwood City CA 94063
 Main Phone: (650) 780-7520
 Contact: Ocean Zafran
 Contact Phone: (650) 780-7520
 Minimum Volunteer Age: 14

RCCDP is a childcare center serving low-income working families and parents in training. Volunteers work in the classroom, assisting the teacher with activities for the children. Volunteers should like young children, be able to follow directions, and get along well with others.

Redwood Symphony
www.redwoodsymphony.org
 1031 Sixteenth Ave.
 Redwood City CA 94063

Main Phone: (650) 366-6872
 Contact: Patti Harrell
 Contact Phone: (650) 325-4963
 Minimum Volunteer Age: 16

Redwood Symphony has volunteer opportunities mainly on concert days. We have need for ushers, greeters, refreshment help; these involve working with the public. We also have a need for people comfortable handling money, such as cashiers for CD sales, tickets, and refreshments. All of our concerts take place at Canada College in Redwood City.

Ronald McDonald House
 520 Sand Hill Road
 Palo Alto CA 94304
 Main Phone: (650) 325-5113
 Contact: Tina Alexander
 Contact Phone: (650) 325-5113
 Minimum Volunteer Age: 17

Ronald McDonald House is a 'home away from home' for the families of children receiving treatment at Stanford Children's Hospital. Play with children, assist with operations of the house, check families in, or answer phones. Shifts are 2 hours per week. Groups can participate by sponsoring holiday parties or baking.

Rose Resnick Lighthouse for the Blind
www.lighthouse-sf.org
 214 Van Ness
 San Francisco CA 94102
 Main Phone: (415) 431-1481 x 271
 Contact: Donna Amburn
 Contact Phone: (415) 431-1481 x 271
 Contact email: damburn@lighthousesf.org
 Minimum Volunteer Age: 16

Lighthouse for the Blind offers assistance to the blind and visually impaired. Reading mail, writing letters, running errands, or providing companionship are among the opportunities for volunteers.

Sacred Heart Community Service
www.shcstheheart.org
 1381 S. First Street
 San Jose CA 95110
 Main Phone: (408) 278-2171
 Contact: Andrea Levonius
 Contact Phone: (408) 278-2171
 Contact email: andreal@shcstheheart.org
 Minimum Volunteer Age: 10

SHCS's mission is to minister to those in need with dignity, respect, and compassion in the area of basic needs and education. Youth may serve in the pantry or clothes closet, sorting and organizing donations and serving customers. We also encourage youth to help in administration with clerical and computer work. Volunteers are needed for 3-4 shifts

Information for Youth: Volunteer Opportunity Directory and Indices

Monday-Friday year-round. Group projects may include the Super Saturday Service. At this event, volunteers help with pantry and clothes closet projects from 9-12p.m. They help pack family food bags, hang and sort donated clothing, and make hygiene kits for low income families. One adult needed for every four children.

Samaritan House
www.samaritanhouse.com
 401 N. Humboldt Street
 San Mateo CA 94401
 Main Phone: (650) 341-4081
 Contact: Volunteer Coordinator
 Contact Phone: (650) 341-4081
 Contact email: info@samaritanhouse.com
 Minimum Volunteer Age: 16

Samaritan House is a human service agency where food, clothing, shelter, health care, education, and employment is provided for the needy. Tutors in math & English are needed to help younger elementary and middle school students. Help is also needed with sorting donated clothes and preparing meals.

San Carlos Healthy Cities Projects
www.ci.san-carlos.ca.us
 1901 White Oak Way
 San Carlos CA 94070
 Main Phone: (650) 594-2460
 Contact: Donna Becht
 Contact Phone: (650) 594-2460
 Contact email: dsbecht@aol.com
 Minimum Volunteer Age: 14

San Carlos Healthy Cities Project matches tutors one-on-one with children in San Carlos elementary and middle schools. Each child's teacher will provide guidance and support. Minimum commitment is one hour a week for 6 months.

San Francisco Food Bank
www.sffoodbank.org
 900 Pennsylvania Avenue
 San Francisco CA 94107
 Main Phone: (415) 282-1900
 Contact: Lisa Start
 Contact Phone: (415) 282-1900
 Minimum Volunteer Age: Flexible

The San Francisco Food Bank works to end hunger in San Francisco. We provide donated and purchased food to over 400 non-profit agencies, enabling them to give nutritious meals or supplemental groceries to thousands of low-income families and individuals in our community. We are the largest distributor of food to non-profit agencies in San Francisco; for many agencies, we are

their only source of food. This year, we will distribute over 15 million pounds of food or enough to provide 33,000 meals a day. The volunteer shifts are available 6 days a week, Monday through Saturday, including daytime, weekend, and some evenings. The volunteer activities often involve sorting community food donations, stocking pantry shelves, labeling cans, cleaning produce, packing food boxes, and other food sorting projects.

San Francisco Jazz Organization
www.sfjazz.org
 # 3 Embarcadero Center, Lobby Level
 San Francisco CA 94122
 Main Phone: (415) 398-5655 x 114
 Contact: Susan Barber
 Contact Phone: (650) 685-2803
 Contact email: susanb@sfjazz.org
 Minimum Volunteer Age: 14

We are a jazz education organization that is dedicated to keeping the unique form of jazz music alive, and providing educational opportunities to youth interested in learning more about jazz. Our younger volunteers help us usher at our Jazz Shows, give out programs, help sell merchandise, etc. Volunteers must be poised and able to deal with the public in a helpful, friendly manner. Our Fall Festival runs from October to November with over 25 performances throughout San Francisco and in Oakland at the Paramount Theater. Performances are evenings and weekend afternoons and evenings. Our spring season runs on the weekends between March and June. We would be happy to have groups of teens volunteer for any of shows. We send an application pack out in September to those interested in our fall season. These volunteers are kept on our database for all future shows.

San Francisco Zoological Society
www.sfzoo.org
 1 Zoo Road
 San Francisco CA 94132
 Main Phone: (415) 753-8123
 Contact: Laura Louttit
 Contact Phone: (415) 753-8123
 Contact email: laural@sfzoo.org
 Minimum Volunteer Age: 12



The San Francisco Zoological Society offers a variety of youth volunteer opportunities. Each program has different age and time requirements. Summer-only programs include Nature Trail, Talk on the Wild Side, and Zoo Teaching Assistants.

San Mateo Adult School
www.smaace.org
 789 East Poplar Ave.
 San Mateo CA 94401
 Main Phone: (650) 558-2100
 Contact: Tim Doyle
 Contact Phone: (650) 558-2100

Information for Youth: Volunteer Opportunity Directory and Indices

Contact email: tdoyle@smace.org
 Minimum Volunteer Age: 17

The San Mateo Adult School's mission is to serve the general adult, but in particular, the low literate and/or under-served populations of central San Mateo County by providing English as a second language (ESL), vocational and general education classes. Volunteers are used primarily in ESL classes but sometimes in other classes to provide extra help for struggling students. No specific skills are needed other than commitment to one day a week, usually 3 hours, for a minimum of two months.

San Mateo County Aids Program
 225 West 37th Avenue
 San Mateo CA 94403
 Main Phone: (650) 573-2727
 Contact: Ginny Warnes
 Contact Phone: (650) 573-2727
 Contact email: Gin304@earthlink.net
 Minimum Volunteer Age: 16

The AIDS Program provides food, medical attention and social work services for people with AIDS. The program needs volunteers to help educate other young people about HIV and to assist clients at the drop-in center and clinic.

San Mateo County Head Start & Early Head Start
 1265 Mission Road
 South San Francisco CA 94080
 Main Phone: (650) 871-5613 x 713
 Contact: Nida Dimalanta
 Contact Phone: (650) 871-5613 x 713
 Contact email: NDimalanta@ihdsinc.com
 Minimum Volunteer Age: 16

Head Start/ Early Head Start are comprehensive family and child development programs for low-income families with children birth to five years of age. There are many opportunities for volunteers at Head Start/ Early Head Start, including reading stories to children, assisting with classroom activities, and facilitating outdoor play.

San Mateo County Health Center
www.health.co.san-mateo.ca.us
 222 West 39th Avenue
 San Mateo CA 94403-4398
 Main Phone: (650) 573-2222
 Contact: Angie Gonzalez
 Contact Phone: (650) 573-2187
 Minimum Volunteer Age: 17

The hospital has student volunteers in almost every department: gift shop, emergency, admitting, medical/surgery, and medical records. Volunteers must commit to working at least 3 months. Groups of volunteers can help the long-term care patients on special arts and crafts projects, or sing carols at Christmas.

San Mateo County Historical Association
www.sanmateocountyhistory.com
 777 Hamilton Street
 Redwood City CA 94063
 Main Phone: (650) 299-0104
 Contact: Carman Blair
 Contact Phone: (650) 299-0104 x 33
 Contact email: blairsmcha@aol.com
 Minimum Volunteer Age: 12

A variety of opportunities are available to youth (ages 12 and up) wanting to volunteer. Volunteers are needed to help younger children with crafts during Family Past Times. Youth can assist with answering phones, mass mailings, data entry, and other areas of administrative support. Young volunteers can also assist with building maintenance by polishing brass railings or marble steps. Certification of volunteer hours provided for students fulfilling community service requirements for school classes.

San Mateo County Parks & Recreation Department
 455 County Center, 4th Floor
 Redwood City CA 94063
 Main Phone: (650) 599-1306
 Contact: Nick Ramirez
 Contact Phone: (650) 599-1306

Work alongside Park Rangers on various Trail Repair and Trail Improvement projects. Jobs may also include native tree and shrub replanting and removal of non-native plants. Hours are flexible and projects are tailored to suit skills and interest. Picnic Facilities may also require improvements and repairs. Volunteers are needed to help with the preservation and maintenance of our County Parks throughout the year. Groups are welcome. For One-Time Service Projects and projects for groups, an annual calendar of major public volunteer events is available. Larger groups are a possibility on special occasions, such as California Trails Day, Earth Day, Coastal Clean-Up Day, etc. Maximum group size is 50. Minimum group size is 5.

San Mateo County Prenatal to Three Initiatives
 35 Tower Road
 San Mateo CA 94402
 Main Phone: (650) 573-3624
 Contact: Theresa Jurado
 Contact Phone: (650) 573-3624
 Contact email: tjurado@poplar-recare.com
 Minimum Volunteer Age: 16

The Pre-3 Program serves low income families who are expecting or have a child up to 3 years of age. Volunteers are needed to assemble gift tote bags information packets for families, coordinate donations and assist staff in records room. There are no set hours necessary. Activities can be brought to any location so volunteers do not have to come to program office.

Information for Youth: Volunteer Opportunity Directory and Indices

San Mateo Public Library
 pls.lib.ca.us/pls.smp/smp.html
 55 West Third Avenue
 San Mateo CA 94402
 Main Phone: (650) 522-7802
 Contact: Kay Sandholm
 Contact Phone: (650) 522-7802
 Minimum Volunteer Age: 16

Gain basic library skills and excellent work experience by volunteering in the library. Volunteers may be assigned to organize books, data entry, computer tasks, and working on children's services projects.

San Mateo Public Library-Children's Department
 55 West Third Avenue
 San Mateo CA 94402
 Main Phone: (650) 522-7839
 Contact: Virginia Soletti
 Contact Phone: (650) 522-7839
 Minimum Volunteer Age: 16

Help with the program "Get Set, Get Ready, Read." Go to childcare facilities to lead "story-times" that introduce and encourage reading for pre-schoolers. A once-a-month commitment is required.

Santa Clara Valley Audubon Society
 www.scvas.org
 22221 McClellan Road
 Cupertino CA 95014
 Main Phone: (408) 252-3747
 Contact: Jennifer Peritz
 Contact Phone: (408) 252-3747
 Contact email: programs@scvas.org
 Minimum Volunteer Age: 12



SCVAS is dedicated to preserving native animal and plant habitats and fostering a greater public awareness of the environment. Work with the environmental action or education committees, staff the office or nature shop, or catalog slides, prepare educational materials, plan social or fundraising events, and the re-vegetation project. Group projects can include re-vegetating the creek in the park and pulling out non-native, invasive plants.

Save Our Shores
 www.saveourshores.org
 30 Avenida Portola #1B
 El Granada CA 94018
 Main Phone: (650) 560-9533
 Contact: Susan Danielson
 Contact Phone: (650) 560-9533
 Contact email: hmbshore@pacbell.net
 Minimum Volunteer Age: 16

Second Harvest Food Bank
 www.2ndharvest.net
 1051 Bing Street
 San Carlos CA 94070
 Main Phone: (650) 610-0800
 Contact: Susan Takalo
 Contact Phone: (650) 610-0800 x 212
 Contact email: stakalo@shfoodbank.com
 Minimum Volunteer Age: 14

Second Harvest Food Bank helps feed an average of 119,000 low-income people (more than half of whom are children) every month. Work in the food warehouse sorting, salvaging, and boxing food; recruit for and organize student sort days; or sponsor a food drive at your school. Service Learning and leadership opportunities are available. Sort Days are excellent for groups.

Senior Coastsiders
 www.seniorcoastriders.org
 535 Kelly Avenue
 Half Moon Bay CA 94019
 Main Phone: (650) 726-9056
 Contact: Lynne Ruppel
 Contact Phone: (650) 726-9056
 Minimum Volunteer Age: 14

Our mission is to serve seniors and adults with disabilities by helping them to continue to live as independently as possible. Volunteer opportunities for youth include visiting with homebound seniors, gardening for seniors, or helping out at the Thrift Store. A minimum commitment of six weeks is required, but hours are flexible. Gardening for seniors is available throughout the year as a one-time or group service project.

Sequoia Hospital Volunteer Services
 www.chw.com
 170 Alameda de las Pulgas
 Redwood City CA 94062
 Main Phone: (650) 364-4664
 Contact: Lynn Murphy
 Contact Phone: (650) 367-5825
 Contact email: Lmurphy@chw.edu
 Minimum Volunteer Age: 12

Volunteers are needed in maternity, the emergency room, the gift shop, the lobby desk, and many other opportunities. Orientation and training are provided. Uniform required. Volunteers can assist with programs, do computer work, and run errands for the hospital staff. Minimum requirement of 3 hours per week.

Service League of San Mateo County
 www.serviceleague.org
 727 Middlefield Road
 Redwood City CA 94063

Information for Youth: Volunteer Opportunity Directory and Indices

Main Phone: (650) 364-4664
 Contact: Ernie Gemmet
 Contact Phone: (650) 364-4664
 Contact email: egemmet@serviceleague.org
 Minimum Volunteer Age: 15

The Service League of San Mateo County provides counseling and assistance in matters such as housing, employment, and transportation to inmates of the county jail. Help in the agency with light clerical duties, including answering phones. Volunteers may do computer work or filing. One-Time Service Projects include painting or window washing.

Services for Brain Injury
 www.reality.sgi.com
 667 Chapman
 San Jose CA 95126
 Main Phone: (408) 295-4119
 Contact: Janet Rios
 Contact Phone: (408) 295-4119
 Contact email: cacsbi@aol.com
 Minimum Volunteer Age: 16

Services for Brain Injury is a day treatment program which assists adults who have sustained a brain injury. Individuals can tutor in math or reading, aid with crafts and cooking, assist one-to-one on computers, or help with clerical tasks or mass mailings. Groups can help with activities such as picnics, parties or crafts. One-Time Service Projects include the Picnic in the Park. They can help push wheelchairs to the park, and assist with setting up games with clients. Group projects may include possible cleaning the agency (washing walls, organizing shelves and materials, etc.).

Seton Medical Center
 1900 Sullivan Avenue
 Daly City CA 94015
 Main Phone: (650) 991-6567
 Contact: Marilyn Levene
 Contact Phone: (650) 991-6567
 Contact email: mlevene@chw.edu
 Minimum Volunteer Age: 15

The hospital needs help in many areas including the medical library, gift shop, information desk, Health Resource Center and patient floors. Call for more information about volunteer orientations and minimum time commitments.

Shelter Network
 www.shelternetwork.org
 1450 Chapin Avenue
 Burlingame CA 94010
 Main Phone: 650) 685-5880
 Contact: Volunteer Coordinator
 Contact Phone: 650) 685-5880

Contact email: volunteer@shelternetwork.org
 Minimum Volunteer Age: 18

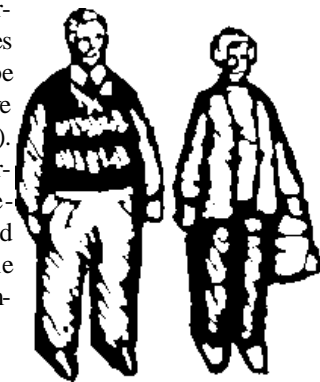
Shelter Network is committed to providing housing, and support services that create opportunities for homeless families and individuals of San Mateo County to re-establish self-sufficiency and to return to permanent homes of their own. Volunteers may assist in tutoring lead after-school, educational activities; or participate in one-time projects in one of our 4 family-sites. The after-school programs are Monday-Thursday with times varying by site. We ask individuals to commit for at least 3 months with the exception of one-time projects.

Shelter Network-Haven Family House
 www.shelternetwork.org
 260 Van Buren
 Menlo Park CA 94025
 Main Phone: (650) 325-8719
 Contact: Children's Coordinator
 Contact Phone: (650) 325-8719
 Contact email: volunteer@shelternetwork.org
 Minimum Volunteer Age: 16

Haven Family House is one of four transitional homeless shelters for families run by Shelter Network. Haven Family House has opportunities for youth in the areas of tutoring, leading after-school educational activities, or one-time projects. Hours for the after-school activities are Monday-Thursday from 5-8:30pm. We ask individuals to commit for at least three months, with the exception of one-time projects.

Shopping Assistance for Seniors at Home (SASH)
 2645 Alameda de las Pulgas
 San Mateo CA 94403
 Main Phone: (650) 377-4735
 Contact: Diane Levinson
 Contact Phone: (650) 377-4735
 Contact email: levinson@ci.sanmateo.ca.us
 Minimum Volunteer Age: 16

SASH is a grocery shopping and delivery service for seniors who are homebound. Volunteers take orders, shop, and deliver groceries once a week. Volunteers must be responsible and have a car to drive (or have a parent to drive them). The San Mateo Senior Center currently coordinates shoppers for seniors in San Mateo, Foster City and Burlingame. It is a very flexible opportunity, but a 6-month commitment is requested.



Information for Youth: Volunteer Opportunity Directory and Indices

Silicon Valley Council of the Blind
 P.O. Box 493
 Mountain View CA 94042
 Main Phone: (650) 969-3155
 Contact: Bernice Kandarian
 Contact Phone: (650) 969-3155
 Contact email: bernice@tsoft.net
 Minimum Volunteer Age: 15

SVCB is composed of people who are visually impaired, their families and friends. Our goal is to improve the quality of life for those with vision impairment by promoting independence. The volunteer program matches readers, sports partners, shoppers, etc., with visually impaired people who need assistance. We also need people to assist with our monthly meetings and other special events. One-Time Service Projects include the Human Race (May), when SVCB will need sight guides.

Silicon Valley Habitat for Humanity
 www.habitatsanjose.org
 888 North First Street
 San Jose CA 95112
 Main Phone: (408) 294-6464
 Contact: Bill Arnopp
 Contact Phone: (408) 294-6464
 Contact email: info@habitatsanjose.org
 Minimum Volunteer Age: 14

Habitat for Humanity helps low-income people build and buy their own homes. Volunteers can help build houses, keep the construction site clean, or work in the office. This chapter serves only Santa Clara County. For One-Time Service Projects, individuals and groups can assist with the Human Race. Habitat for Humanity needs help raising pledges in order to purchase materials to build more affordable homes. Prizes will be given to the top individual/group.

Site Stewardship Program
 Fort Mason, Bldg. 201
 San Francisco CA 94123
 Main Phone: (415) 561-3034 x 437
 Contact: Liz Lynn
 Contact Phone: (415) 561-3034 x 3437
 Contact email: liz_lynn@ggnpa.org
 Minimum Volunteer Age: Flexible

Site Stewardship is a community based habitat restoration program, with a mission to restore and protect native habitats of the Golden Gate National Recreation Area. Volunteers work outside at



our restoration sites planting native plants, removing exotic invasive plants, collecting seeds for native plant nurseries and monitoring for endangered butterflies. Volunteers must be available on Thursdays or Saturdays, as these are our Volunteer Days, and must be willing to work outside and get dirty. All of our Volunteer Days are drop-in programs, so there is no long-term commitment. We are often willing to accommodate groups on our regular Thursday and Saturday workdays, as long as they are planned in advance. Activities would include seed collecting, exotic plant removal, and planting of native plants.

Sitike Counseling Center
 306 Spruce Avenue
 South San Francisco CA 94080
 Main Phone: (650) 589-9305
 Contact: Rhonda Ceccato
 Contact Phone: (650) 589-9305
 Minimum Volunteer Age: 18

Sitike provides services to people recovering from drug and/or alcohol dependency. Help with daycare for drug-exposed newborns, infant and toddlers. Orientation and training is provided. Minimum age for volunteers with supervision is 16.

SMCO Child Health Services
 225 West 37th Avenue
 San Mateo CA 94403
 Contact: Rachelle Lamén
 Contact Phone: (650) 573-2248
 Minimum Volunteer Age: 18

Volunteers are needed in the Child Health and Disability Prevention Program (CHDP). Help the dental disease prevention coordinator conduct dental health education in low-income K-6 schools. Students may adopt a classroom and help the teacher deliver the Brighter Bites Dental Disease Prevention Program.

Special Needs Program
 503-527 Old County Road
 San Carlos CA 94070
 Main Phone: (650) 802-4383
 Contact: Janet Leus
 Contact Phone: (650) 802-4383
 Contact email: Janet.Leus@san-carlos.ca.us
 Minimum Volunteer Age: 14

The Special Needs Program provides recreation opportunities for children with physical, mental or emotional disabilities. Volunteers provide leadership and supervision in sports, games, crafts and music. Groups of volunteers can pick up litter for the Parks and Recreation. We provide rubber gloves 3 or 4 times per year at your convenience.

Information for Youth: Volunteer Opportunity Directory and Indices

Special Olympics of San Mateo County
www.sonc.org
 1080 S Amphlett Blvd.
 San Mateo CA 94402
 Main Phone: (650) 579-1758
 Contact: Donna Romero
 Contact Phone: (650) 579-1758x 201
 Contact email: donna@sonc.org
 Minimum Volunteer Age: 16

Special Olympics is a year-round sports training and competition for developmentally disabled children and adults. Volunteers are needed to help with coaching at scheduled sports trainings. Events occur throughout the calendar year.

Special Olympics, Santa Clara
 1445 Koll Circle, #104
 San Jose CA 95712
 Main Phone: (408) 392-0170
 Contact: Sue Rizzi
 Contact Phone: (408) 392-0170
 Contact email: suerizzi@sonc.org
 Minimum Volunteer Age: 16

Special Olympics is a sports training and competition program for developmentally disabled children and adults. Train and coach athletes, assist with registration at events, help with publicity, fundraise or do office work. Volunteer orientations occur ten months out of the year during evening hours. Check out the organization's website at www.sonc.org/sccso.

St. Anthony's Dining Room
www.stanthonysf.org
 45 Jones Street
 San Francisco CA 94102
 Main Phone: (415) 592-2727
 Contact: Angelina Barisone
 Contact Phone: (415) 592-2727
 Contact email: Abarisone@stanthonysf.org
 Minimum Volunteer Age: 13

St. Anthony's Dining Room serves meals to the hungry and homeless, while addressing the problems of poverty and homelessness. Volunteers help in the dining room by serving food and helping with set-up and clean-up. Groups and individuals are welcome and can serve in the dining room or other St. Anthony work sites.

St. Anthony's Padua Dining Room
 3500 Middlefield Road
 Menlo Park CA 94025
 Main Phone: (650) 365-9664
 Contact: Max Torres

Contact Phone: (650) 365-9664
 Contact email: max110559@aol.com
 Minimum Volunteer Age: 16

Volunteers will serve and prepare food. Please call to arrange a good volunteer time. Saturdays are available usually. Drop-ins are discouraged.



St. Luke's Hospital
 3555 Cesar Chavez Street
 San Francisco CA 94112
 Main Phone: (415) 641-6490
 Contact: Grace D'Anca
 Contact Phone: (415) 641-6490
 Contact email: MaBear08@aol.com
 Minimum Volunteer Age: 15

St. Luke's mission is to serve under-served and medically needy patients as far as the hospital's means permit. Volunteer can help at the information desk, gift shop/gift shop cart, magazine cart. They can also assist with menu planning, mail delivery, clerical tasks, flower arranging, plant watering and patient visitation. Minimum commitment is 2-3 hours/week for 3-6 months.

St. Vincent de Paul Society
www.svdp.org
 50 North B. Street
 San Mateo CA 94401
 Main Phone: (650) 589-9039
 Contact: Joseph Pulsoni
 Contact Phone: (650) 589-9039
 Minimum Volunteer Age: 16

The St. Vincent de Paul Society coordinates countywide emergency services and helps the needy in the San Mateo area. Help in the office and at the reception desk. Spanish is helpful, but not required. For One-Time Service Projects, volunteers can serve meals to homeless, make sack lunches, organize clothing/toiletry drives. Groups can do yard clean-up projects, home maintenance, and/or household tasks for elderly, disabled or ill individuals.

Stanford Medical School Blood Center
www.bloodcenter.stanford.edu
 800 Welch Road
 Palo Alto CA 94304
 Main Phone: (650) 723-6795
 Contact: Tessa Moore
 Contact Phone: (650) 723-6795
 Contact email: tessamoore@stanford.edu
 Minimum Volunteer Age: 14

The mission of the Stanford Blood Center is to provide service to patients through service to donors. Friendly and out-

Information for Youth: Volunteer Opportunity Directory and Indices

going volunteers are needed to help with pre and post donation needs, and to monitor/interact with donors at both our centers in Palo Alto and Mountain View. Volunteers are also needed to monitor/interact with donors at blood drives in businesses, agencies and schools. Most volunteer opportunities are during the day (Monday through Friday), while some early evening and weekend opportunities are available. 40 hours total commitment required.

Stanford Storm Drain Painting

www.stanford.edu/group/water

327 Bonair Siding

Stanford CA 94305-7270

Main Phone: (650) 723-9747

Contact: Tracy Ingebrigsten

Contact Phone: (650) 723-9747

Contact email: tracyi@bonair.stanford.edu

Minimum Volunteer Age: Flexible

Volunteers are needed to paint "No Dumping-Flows to Bay" near storm drains on the Stanford campus. Paints and stencils are provided. Help is needed between the hours of 8a.m.- 4p.m., Monday-Friday.

Stanford University Medical Center

300 Pasteur Drive

Stanford CA 94305

Main Phone: (650) 723-6636

Contact: Auxiliary Office

Contact Phone: i(650) 723-6636

Minimum Volunteer Age: 14

The Junior Volunteer Program assists with patients and staff in the medical center. Areas of service include gift shop, patient escort, book cart, flower delivery, maternity service, or Patient Services. Volunteers must commit to a minimum of three hours of service each week. Limited openings.

Stevenson House

www.stevensonhouse.org

455 East Charleston Ro

Palo Alto CA 94306

Main Phone: (650) 494-1944

Contact: Inna Hiller

Contact Phone: (650) 494-1944

Contact email: Inna@stevensonhouse.org

Minimum Volunteer Age: Flexible

Stevenson House is a non-profit apartment community for active senior citizens on fixed incomes. Volunteers provide personal services to residents (gardening, house-keeping, errands) entertain, or lead a class. Knowledge of Russian or Chinese is helpful.

Support Network for Women

www.snbw.org

444 Castro St., Ste. 305

Mountain View CA 94041

Main Phone: (650) 940-7865

Contact: Lorraine Michelle

Contact Phone: (650) 940-7865

Contact email: volunteer@snbw.org

Minimum Volunteer Age: 16

The Support Network provides support and services for women in abusive relationships. Our volunteers play an integral role in fulfilling our commitment to intervening and ending abuse in relationships. Work as a "Shelter Children's Playgroup Volunteer", "Teen Relationship Violence Prevention Workshop Leader" (English-speaking & Bilingual Spanish/English speaking), or a "Development Administrative Assistant". Completion of a Domestic Violence Training (40 hrs) and Program Component Training (6-8 hrs) is required for these positions. Volunteer in our Volunteer Program as an "Outreach Assistant", "PageMaker Pro", "Stamp Superstar" or "Administrative Assistant". For these positions, only a Program Component Training is required. Volunteer at special events such as the Community Awareness Campaign (September), Phone-A-Thon (October), G.I.F.T.S. (December), or Gala @ the Glen (May).

Sutter VNA and Hospice

www.sutternvaandhospice.org

700 S Claremont St #220

San Mateo CA 94402-1436

Main Phone: (650) 685-2803

Contact: Susan Barber

Contact Phone: (650) 685-2803

Contact email: volunteer@snbw.org

Minimum Volunteer Age: 16

Sutter VNA and Hospice provides at-home nursing care for the sick and dying. Volunteers can help collate, fold, and stuff envelopes for mailings to patients and their families. Mature high school seniors are needed to work on the organization's website, as well as help with fundraisers and special events. Groups are also welcome to help on mailing projects.

Trail Center

www.trailcenter.org

3921 E. Bayshore Rd.

Palo Alto CA 94303

Main Phone: (650) 968-7065

Contact: Volunteer Coordinator

Contact Phone: (650) 968-7065

Contact email: info@trailcenter.org

Minimum Volunteer Age: 14

The Trail Center's programs help preserve the land and open space in the Bay Area through trail information, trail building and restoration,



Information for Youth: Volunteer Opportunity Directory and Indices

and trail mapping. One Saturday a month, the Trail Center needs volunteers to help build trails. No experience is necessary. Groups are welcome.

U-Turn-Free At Last
 www.free-at-last.com
 1796 Bay Road
 East Palo Alto CA 94303
 Main Phone: (650) 462-6982
 Contact: Calvin Beckum
 Contact email: calbeckb@yahoo.com
 Minimum Volunteer Age: 15

U-Turn/Free At Last's mission is to rebuild the community by helping our youth to restructure their belief systems. Volunteer activities include tutoring, activity planning, and teaching youth how to be positive thinkers (such that the youth will work on positive actions and not negative actions). Volunteers are needed Monday-Thursday, from 4-6pm.

Until There's a Cure
 www.until.org
 520 So. El Camino Real, #718
 San Mateo CA 94402
 Main Phone: (650) 696-6360
 Contact: Theresa Stoye
 Contact Phone: (650) 696-6360
 Contact email: volunteer@snbw.org
 Minimum Volunteer Age: 16

Until There's a Cure raises money for AIDS research, core services, and education by selling bracelets. Volunteers may help in the office with data entry, answering phones, compiling press kits, or boxing and shipping bracelets. Assistance also is needed with special projects such as their annual golf tournament.

Urban Ministry Downtown Food Closet
 www.umpa.org
 425 Hamilton Avenue
 Palo Alto CA 94301
 Main Phone: (650) 776-3093
 Contact: Don Jensen
 Minimum Volunteer Age: 13

Urban Ministry's mission is to provide groceries to low and no-income individuals. Youth can participate in all aspects of serving the clients directly or can work in the background (stocking shelves, packaging food, or greeting and signing in clients). Volunteers can do a 2-hour shift on Monday through Friday between 10a.m.-4p.m. We would like volunteers to do the same shift every week and not just once.

Urban Ministry of Palo Alto
 Box 702

Palo Alto CA 94302
 Main Phone: (650) 324-5361
 Contact: Don Jensen
 Contact email: umpavolunteers@yahoo.com
 Minimum Volunteer Age: 12

Urban Ministry provides services to the homeless and very low-income people through a variety of programs and outreach activities. They need help with picking up and preparing food. Groups of volunteers can work in a community garden (Monday, Wednesday and Friday) or help set-up, serve and clean-up at meals for the Breaking Bread meal program.

The Volunteer Center,
 Serving the Peninsula Communities of San Mateo County
 www.vcsmc.org
 Main Phone: (650) 235-3550
 Contact email: info@vcsmc.org
 Minimum Volunteer Age: Flexible

The Center is a private non-profit agency established to meet the need for a central volunteer clearinghouse in San Mateo County. The Center can refer volunteers to over 1,000 volunteer opportunities. Help with the Human Race, a 5k-10k fund-raising event, in May. Call for information about specific one-time and ongoing volunteer opportunities.

Volunteer Exchange of Santa Clara County
 www.volunteereexchange.org
 1922 The Alameda, Suite 211
 San Jose CA 95126
 Main Phone: (408) 247-1126
 Contact: Referral Specialist
 Contact Phone: (408) 247-1126
 Contact email: e-mail-volunteer@volunteereexchange.org

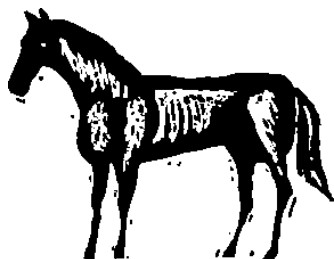
The Volunteer Exchange is a countywide agency dedicated to connecting people of all ages to volunteer opportunities at 800 local non-profits and schools. Students interested in volunteering for ongoing projects or one-time activities should call or log onto the webpage for more information. For One-Time Service Projects, volunteers can participate in Make A Difference Day (October), Martin Luther King, Jr. Day (January), National Youth Service Day (April) or the Human Race in May.

West Bay Opera
 www.wbopera.org
 221 Lambert Avenue
 Palo Alto CA 94306
 Main Phone: (650) 843-3903
 Contact: Michele Sullivan
 Contact email: michele@wbop
 Contact Phone: (650) 843-3903
 Minimum Volunteer Age: 14

Information for Youth: Volunteer Opportunity Directory and Indices

West Bay Opera is a semi-professional, performing arts company that produces three operas each year. Work backstage, paint, or assist with costume, carpentry, office or administrative work. Technical expertise is useful, but not necessary.

Westwind Riding for Handicapped
www.westwindbam.com



27210 Altamont Road
Los Altos CA 94022
Main Phone: (650) 941-4808
Contact: Nancy Couperus
Contact email: couperous@mindspring.com
Minimum Volunteer Age: 14

Westwind provides therapeutic horsebackriding to children with physical handicaps, especially the orthopedically handicapped. Volunteers lead the horse and serve as companions to the children who ride.

Women Entrepreneurs Program, YWCA
www.ywca.mid.org
4161 Alma Street
Palo Alto CA 94306
Main Phone: (650) 494-0972
Contact: Sharon Pepper
Contact email: sharon@ywca.mid.org
Contact Phone: (650) 494-0972
Minimum Volunteer Age: 16

The Women Entrepreneurs Program seeks to promote the well-being of all people by increasing women's self-sufficiency through entrepreneurship. YWCA offers opportunities for women to build skills and confidence, and to investigate, pursue and achieve quality enterprises. Volunteers are needed throughout the year to distribute flyers in the Santa Clara and San Mateo Counties, and to help at the Annual Conference and Trade Show in April. Minimum commitment is 1 hour/month. Volunteers can distribute flyers at their convenience.

Women's Recovery Association
www.womensrecovery.org
1450 Chapin Avenue
Burlingame CA 94010
Main Phone: 650) 348-6603
Contact: Michele Wray
Contact email: michele@womensrecovery.org
Contact Phone: 650) 348-6603
Minimum Volunteer Age: 16

The WRA assists women, girls, and their families in recovering from chemical dependency and from its secondary effects. Youth volunteers help with outreach, fundraising, and general administration, including helping the counseling staff. Volunteers should be able to work in a fast-paced environment with many interruptions. Volunteers for One-Time Service Projects, can assist at our annual special event in October.

World Horizons International, Inc.
P.O. Box 662
Bethlehem CT 06751
Main Phone:(800) 262-5874
Contact: Stuart & Cynthia Rubinowitz
Contact email: worhorin@snet.net
Contact Phone: (800) 262-5874
Minimum Volunteer Age: 15

World Horizons is an intercultural program that sponsors projects to assist senior citizens, establish day camps for children, refurbish community facilities, and up-grade educational skills for school children and adults. The Horizons four-week summer experience also includes an individual internship program.

YFA Center for Abuse Prevention
www.yfa.org
609 Price Avenue Suite 108
Redwood City CA 94063
Main Phone: (650) 366-8416
Contact: Annette Passalacqua
Contact email: apassalacqua@yfa.com
Minimum Volunteer Age: 14

YFA Center for Abuse Prevention promotes investment in youth and families to build a stronger community. Student volunteers make a difference by helping to plan and facilitate the Voices Against Violence Youth Summit. The youth meet 2-4 times per month for 3 hours. Skills are developed so youth can also present workshops for peers, middle school students and at other conferences.

YFA Daybreak
www.yfa.org
639 Douglas Avenue
Redwood City CA 94063
Main Phone: (650) 364-4633
Contact: Barbara Walker
Contact email: barbara.walker@yfa.com
Minimum Volunteer Age: 15

YFA Daybreak is a shelter and independent living skills training program for homeless teens, ages 16-19. Group projects (involving painting the inside of the house, doing yard work, etc.) are occasionally available.

YMCA of the Mid-Peninsula
www.ymcamidpen.org

Information for Youth: Volunteer Opportunity Directory and Indices

4151 Middlefield Road, Suite 211
Palo Alto CA 94303
Main Phone: (650) 842-3554
Contact: Laura Toller Gardner
Contact email: Ltollergardner@ymcamidpen.org
Contact Phone: (650) 842-3554
Minimum Volunteer Age: Flexible

other groups. You decide on the level of commitment you want to make. For One-Time Service Projects, individuals or groups can be Beach Clean-Up Helpers or Habitat Restorers."

Notes:

○ Volunteers can participate in a variety of tasks. Please call Laura Toller Gardner for more information about how you can be involved.

Young Latino Leaders
2600 Middlefield Road
Redwood City CA 94063
Main Phone: (650) 780-7522
Contact: Paul Vega
Contact Phone: (650) 780-7522
Minimum Volunteer Age: 12

Young Latino Leaders has a mission to empower youth through academic excellence, community service involvement, cultural awareness and leadership.

Youth Community Service
24 Churchill Ave
Palo Alto CA 94306
Main Phone: (650) 617-8960
Contact: Caitlin Whitaker
Contact email: ycscaitlin@aol.com
Contact Phone: (650) 617-8960
Minimum Volunteer Age: Flexible

YCS helps young people in East Palo Alto, Menlo Park and Palo Alto get involved in serving their communities. Middle and high school students can join YCS clubs at their schools which meet weekly to plan service projects and then put them into action. YCS also offers Summer of Service, a camp for middle school students. Call the YCS office for details on the clubs and camp.

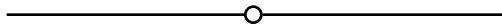
Youth for Environmental Service
www.yes1.org
220 Golden Gate Avenue, 3rd Floor
San Francisco CA 94102
Main Phone: (415) 674-0889
Contact: Sue King
Contact email: sue@yes1.org
Contact Phone: (415) 674-0889
Minimum Volunteer Age: 11



YES seeks to make it as easy as possible for young people to get involved in environmental community service projects such as beach clean ups and tree paintings. They have weekend drop-in" projects open to everyone and weekday projects set up for classrooms or

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Citizens Committee to Complete Refuge	Flexible	13
Community Impact	Flexible	14
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Friends of Huddart/Wunderlich Parks	Flexible	18
Golden Gate National Recreation Area	Flexible	18
Half Moon State Beach	Flexible	18
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Hillsdale Manor	Flexible	19
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Opportunities Industrialization Center West (OICW)	Flexible	24
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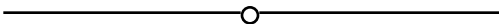
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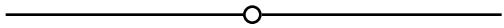
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National Kidney Foundation	15	24
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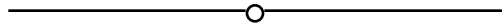
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St. Anthony's Dining Room	San Francisco	34
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City Year San Jose & Silicon Valley	San Jose	13
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Information for Teachers

Information for Teachers: Service Learning

