



Volunteer Opportunities for Employee Groups

The Volunteer Center Serving San Francisco and San Mateo Counties Corporate Services specializes in developing employee volunteer programs and providing businesses with resources to successfully manage done-in-a-day projects. The agencies we work with are specifically trained to work with corporate groups. A few of those agencies are listed below. If you'd like to volunteer in San Francisco or San Mateo Counties with your corporate team, we recommend the following nonprofit agencies:

AGING:

- **Little Brothers – Friends of the Elderly - SF**
Visit with isolated elderly and celebrate the gift of friendship. Needs are: Medical Escort/On-call help. In-Home Events groups split up so 2 people together per home. 5-10 people for phone calls. 15 people for party preparation, drivers, and work the parties. For Thanksgiving and winter holidays: 10 people wrapping presents and in kitchen making meals. To get involved, visit www.littlebrotherssf.org, or call Gina Withers at 415-771-7957 Ext 107.
- **Meals on Wheels SF**
Serve the nutritional needs of the homebound elderly of San Francisco. Volunteers needed for the Holiday Programs (Thanksgiving and Winter Holiday) and fundraising events. To get involved, visit www.mowsf.org, or call Leslie Nipps at 415-920-1111.
- **On Lok Senior Health Services– SF**
Fundraising events, playing mah-jong with seniors, arts and crafts. To get involved, visit www.onlok.org, or call May Liu at 415-292-8768

ANIMALS:

- **Peninsula Humane Society & SPCA – SM**
To get involved, visit www.peninsulahumanesociety.org, or call Brian Probst at (650) 340-7022 Ext 328.
- **Pets Are Wonderful Support (PAWS) – SF**
Good for groups of 10, projects include dog washing/grooming. To get involved, visit www.pawssf.org, or call Daniel Marlay at (415) 979-9550 Ext 305.

CHILDCARE:

- **Florence Crittenton Services – SF**

Assist with classroom activities in an Infant Day Care Center. To get involved, visit <http://www.fcs-sf.org>, or call Brian Johns at 415-567-2357 Ext 105.

- **Family Service Agency of San Mateo County – SM**

Assist with beautification projects in an agency that works with children, families and seniors. Family Service is proud to offer services seven days a week in English, Spanish and other languages as needed. To get involved, visit www.familyserviceagency.org, or call Maria Chavez at 650-403-4300 Ext 4401.

DOMESTIC VIOLENCE:

- **La Casa de las Madres – SF**

Crisis intervention, assist with planning and implementation of children's support groups for shelter residents, etc. To get involved, visit www.lacasa.org, or call Valerie Labanca at 415-503-0500 Ext 307.

EDUCATION:

- **San Francisco School Volunteers - SF**

Help students build their math, reading and writing skills or assist with art and music. To get involved, visit www.sfsv.org, or call Jessica Pullano at 415-749-3700 Ext 3034.

- **Junior Achievement of Northern California, Inc. – SM**

Help young students understand the world around them: from what it takes to be a good family member to being a good citizen of the community. To get involved, visit www.jaba.org, or call Steven Kahlich at 925-465-1079.

ENVIRONMENT:

- **Friends of the Urban Forest - SF**

Plant trees throughout San Francisco.

To get involved, visit <http://www.fuf.net>, or call Reed Milnes 415-561-6890 Ext 103. Size: weekend up to 10. Weekdays 10-25 people.

- **Golden Gate National Parks Conservancy – SF and SM**

Restore native plant and animal habitat, beach clean up, trail maintenance, and working in nurseries. Groups up to 100; larger groups will be split into different projects. To get involved, visit www.parksconservancy.org, or call Cody Fyotek at 415-561-3077.

- **Save the Bay -**

Coastal cleanups and wetland preservation. Groups up to 100 on public work days, private days can be scheduled with a minimum of 10 people. To get involved, visit www.saveSFbay.org, or call Sarah Lyons at 510-452-9261 Ext 119

- **San Francisco Zoological Society**

Plant trees, flowers and clean gardens on clean-up day: kid's crafts as well as other activities depending on the group. Will take groups up to 50. To get involved, visit <http://www.sfzoo.org>, or call Dana Cory at 415-753-7122.

- **San Francisco Botanical Garden Society**

Participate in horticulture, maintain gardens.

To get involved, visit www.sfbotanicalgarden.org, or call Thomas Laursen at 415-661-1316 Ext 412.

- **San Francisco Parks Trust**

In addition to aiding community groups to develop new community green spaces, SFPT hosts monthly community gardening days in various gardens across San Francisco. To get involved, visit www.sfpt.org, or call Julia Brashares at 415-750-5110. Size: up to 25.

HOUSING:

- **Habitat for Humanity Greater San Francisco**

Build homes for low-income families.

To get involved, visit <http://www.habitatsf.org>, or call Debbie Lynch at 415-869-1500 Ext 102.

HUNGER / FOOD:

- **Glide Memorial Church/Foundation- SF**

Serve meals, mentor youth, and provide office support and more opportunities.

To get involved, visit www.glide.org, or call Paul Blainie at 415-674-6183

- **Project Open Hand - SF**

Prepare meals, pack grocery bags, or deliver meals and groceries to people with HIV/AIDS, or homebound and/or critically ill individuals. Groups up to 10. To get involved, visit www.openhand.org, or call Artrese Morrison at 415-447-2310.

- **San Francisco Food Bank**

Sort (literally!) tons of packaged food for distribution to local families and agencies.

To get involved, visit www.sffoodbank.org or call Sam Marcum at 415-282-1907

Ext 244. Size: Weekdays at most 50-65 people. Shifts on Saturdays can accommodate up to 80 per shift. Sundays are 40 people per shift.

- **Second Harvest Food Bank of Santa Clara and San Mateo Counties**

Sort food for distribution to local families and agencies.

To get involved, visit www.2ndharvest.net, or call Rita Guntern at 650-610-0800 Ext 415.

- **Seniors' Emergency Grocery Bag Program**

Sort through food and pack grocery bags. Groups up to 15. To get involved, visit www.groceriesforseniors.org, or call John Meehan 415-740-6102.

- **Shelter Network - SM**

Cook, serve and sort through food for needy families. Paint, garden and weed at someone's house. Special events: holiday parties, carnivals, and birthday parties, donation drives. To get involved, visit www.shelternetwork.org, or call Lynelle Bilsey at 650-685-5880 Ext 25. Size: 10-25, more people (up to 60) possible with enough notice.

POVERTY:

- **Raphael House – SF**
Cook and serve an evening meal at the shelter, adopt a family over the holidays, or organize an in-office drive.
To get involved, visit www.raphaelhouse.org, or call Carol Field at 415-345-7265.
- **Samaritan House - SM**
Sort through donated clothing and food, prepare and serve meals, and more opportunities. To get involved, visit www.samaritanhouse.com, or call Michele Canning at 650-341-4081 Ext 33.
- **St. Anthony Foundation – SF**
Serve meals, sort donated clothing, assist recreational activities and more opportunities.
To get involved, visit www.stanthonysf.org, or call John “Fitz” Fitzgerald for Groups at 415-592-2704.
- **St. Vincent De Paul Society of San Francisco**
Serve meals to homeless, make sack lunches, organize clothing/toiletry drives, do yard clean-up projects, home maintenance, or do household tasks for elderly, disabled or ill individuals.
To get involved, visit www.svdp-sf.org or call Meredith Lierk at 415-977-1270 Ext 3018.

To learn how to develop an employee volunteer program, for information about the Bay Area Corporate Volunteer Council, or for other corporate volunteer opportunities, please contact 415-982-8999, or by email at info@thevolunteercenter.net.